

A prayer for a child to say upon receiving the Covid-19 Vaccine, by Rabbi Lisa and Gelber and her 11 year old daughter, Zohara

Holy One of Life and Love,

Wrap me in a warm embrace as I prepare to receive my COVID-19 vaccine. I give thanks for the doctors and scientists who are creators like you, for the wise people who approved the vaccine, and for everyone who made sure this was available for kids.

Today I am scared. I do not like needles. In my heart, I know this vaccine is good for me. It will keep me safe and help others too. Help me feel your sukkah of shalom as the nurse works with you to keep me safe.

Right now I am grateful for the power of blessing which makes me stronger by taking my mind off any pain.

Thank you God for listening to our prayers.

Barukh atah adonai, rofeh kol amo yisrael, v'al kol b'nai adam.

Blessing to you, the Heart and Healer of all humanity,

Amen and Thank you.

Blessing for a parent to offer upon the vaccination of their child, by Rabbi Karen Weiss Medwed (adapted)

As my child stands here, fully present and prepared to receive the Covid19 vaccination, I offer gratitude to the Healer of Broken Hearts and Repairer of the World

that we could arrive at this moment. With this vaccination I let out the long held pause and breath I have been anxiously keeping inside for these long months, and I express my never-ending gratitude and awe of the scientists and medical teams, who brought us through so many challenges to arrive at this long awaited event, to the promise of healing and growing and being and becoming.

May this precious child with this vaccination be kept safe and help keep others safe, and may they be blessed beneath the wings of Your protection: May The Eternal One Bless Them, May The Eternal One Protect Them, May The Eternal One Bring Them Peace.

Blessed are you, Eternal One, Spirit of The Universe, who has granted us life, sustained us, and brought us to this moment! Amen!