

#### Reconstructionist Synagogue of the North Shore

September 2015

A Community Dedicated to Change and Committed to Tradition Elul/Tishrei 5775/6

## WELCOME OUR NEWEST RSNS MEMBERS!

Please join us in welcoming the following families to the RSNS community.

Melissa & Mark Armendariz and family Laura & Ted Baecher and family Pauline & Marshall Brown and family Marissa & Christopher Coyne and family Orly Dotan & Shai Eliaz and family Eileen & J. Walter Reed Jen Fink & Michael Schiffer and family Stacy & Paul Muriello and family

#### SHABBAT B'YAHAD

The B'Yahad program is an ongoing Saturday morning family service and education experience. All members are welcome! Adult Text Study begins at 9:00 a.m. and the community Family Service begins at 10:15 a.m. Our first session for this year will be Saturday, September 26<sup>th</sup>.



#### SUKKOT IS JUST AROUND THE CORNER

Order your Lulav and Etrog with the RSNS office by **September 18**<sup>th</sup>. Only \$42.00. Call Sylvia at 516-627-6274.

#### SAVE THESE DATES

#### **Cooperative Dinner:**

Saturday, November 7, 6:00 p.m.

#### **Mutual Support Workshop:**

Thursday, November 12, 7:30 p.m. "So Close and Yet So Far: Parents and Their Adult Children" led by Sandra R. Wolkoff, PHD., LCSW-R

#### Mitzvah Dav:

Sunday, November 15, 2015

#### Manhasset 9/11 Candlelight Memorial Service

8:00 p.m. Mary Davies Park Sponsored by The Manhasset Clergy Association Please, bring a candle.





## SEA CLIFF WALKING TOUR SUNDAY, SEPT 20

**Details on page 13** 

#### **OCTOBER SHALIYAH**

The deadline for the October 2015 issue is September 15<sup>th</sup>.

To submit content for the OCTOBER Shaliyah, Email your copy as a word document to

rsnsnewsletter@gmail.com





## Parenting • Caregiving • Marital Concerns • Separation/Divorce • Bereavement Geriatric Care • Cancer Wellness • Career • Legal • Financial

- Support Groups (for life-stage events)
- Home Visits and Friendly Visiting
- Individual and Family Short- term Counseling
- Training, Consultation & Workshops
- Special Needs Programs (for those on the autism spectrum and other developmental needs)
- Special Needs Vocation Programs (VTEC-Vocational Training and Employment Center)
- Specialized Adult Day Programs
  (for those with Alzheimer's, Young Onset Dementia & Other Chronic Conditions)
- Cancer Wellness Programs for Adults and Children (Strength to Strength)
- Got Your Back Program for Children/Teens whose parents have cancer
- Connect to Care (for Unemployed and Underemployed)
- Engage Jewish Service Corps (Volunteer program)

# Partners in Caring would like to wish everyone a sweet and happy New Year!

#### **PARTNERS IN CARING STAFF**

Randy Hight, LCSW Margy Ringelheim, LMSW
Audrey J. Bernstein, LMSW Chana Topek Diamond, LCSW
Michelle Laser, LCSW, Director of Social Services

Our Warm Line is staffed by your caring, professional social workers. CALL 516.484.1545, ext. 196

Phone calls are always free and confidential.

#### **RABBI LEE**

Dear Friends,

I look forward to Rosh HaShana and Yom Kippur still inspirited by the joy of June's Gala. The celebration proved once again that we are a congregation that both prays well and plays well. We not only bring ourselves fully to holiday observances, to study, to life cycle events, and to performing mitzvot, but we know how to have a good time, too. Though I served as the focus of the evening, seen through my eyes, the evening was all about you — those who planned the event, those who were in attendance, those who contributed to the tribute book (which I read over and over again), those who sent notes, baked, phoned, and those who support this great enterprise of the Reconstructionist Synagogue of the North Shore by contributing time and/or money.

I summed up my feelings about you all and about the last thirty-four of the forty years of my rabbinate here at RSNS as follows: "I dreamed a dream once that has become my reality, a reality that is far richer and deeper and broader and more fulfilling and more wondrous than I could have ever imagined, and it's all because of you, because you let me in to be with you in your midst. Founders present and remembered, builders here and missed, Willow Streeters, Plandomers, treasured colleagues, synagogue personnel, teachers, and students, thank you all. Thank you, thank you for this Promised Land of ours, for the past many years, and for the decade to come."

I look forward to living that dream with you once again when we gather for the Holidays a fortnight from now.

Wishing you all a healthy, prosperous and good New Year. I am, as always, warmly,

Lee

P.S. For a full text of my address, "Forty Years in the Rabbinate," use this link.

#### S'lihot

Dear Friends,

In anticipation of the beginning of the Jewish New Year, we will gather on Saturday, September 5 at 9:30 p.m. for half an hour of "getting to know you," "renewing acquaintances," and "catching up." It will be an opportunity for new members and members of long standing to meet one another.

This "social" time will be followed by an hour-long *S'lihot* service, which will begin at 10:00 p.m. *S'lihot* is the 'warm-up' for Rosh HaShana and Yom Kippur. The service includes highlights from the High Holiday liturgy including the melodies that inspirit the season.

Sincerely,

Eileen Rosendahl, Ritual Committee Chairperson

#### SCHEDULE OF HIGH HOLIDAY SERVICES & ACTIVITIES

**Erev Rosh HaShana** Sunday, September 13, 8:00 p.m.

Rosh HaShana Day 1 Monday, September 14

8:45 - 10:45a.m. OR 11:30 a.m. - 1:30 p.m. (check your ticket)

#### **Family Services:**

2:00 p.m. Apples on the Bima, a service for children ages 0-5 years accompanied by an adult.

2:30 p.m. a service for families with children ages 6-12 accompanied by adults.

#### Tashlik: 4:15 p.m., Baxter Pond, Port Washington

We will meet for *tashlik* on the bay in Port Washington across from the duck pond (Baxter Pond Park), behind the Mediterranean Market and Shish Kebab Restaurant. If you are coming from Plandome Road, make a left onto Shore Road and parking is immediately on your left. Coming from upper Main Street, make a right just after Shish Kebab and park on your left. Bring the entire family! Bring cracked corn, bird seed or small bread crumbs. (Large pieces of bread are unhealthy for the ducks.)

Rosh HaShana Day 2 Tuesday, September 15, 9:45 a.m. (There are no family services.)

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Erev Yom Kippur / Kol Nidre Tuesday, September 22, 7:00 p.m.

Yom Kippur Morning Wednesday, September 23

8:45 - 10:45a.m. OR 11:30 a.m. - 1:30 p.m. (check your ticket)

11:30-12:30 p.m. -- High Holiday themes through a discussion of works of art with Rebecca Hirschwerk

12:30-1:30 p.m. -- An interpretive introspective experience with Rabbi Jodie

2:00-3:30 p.m. -- Nursing home Yom Kippur service with Barbara Schaffer

#### **Family Services:**

2:00 p.m. Apples on the Bima, a service for children ages 0-5 years accompanied by an adult.

2:30 p.m. a service for families with children ages 6-12 accompanied by adults.

#### Yom Kippur Afternoon Wednesday, September 23, 5:00 p.m.

This service will include in order: a brief Torah reading, a family d'var torah on Jonah, a social action oriented "Martyrology," Yizkor, Ne'ila, and havdala.

Childcare, for children two years and over, will be available during this service.

#### **Support Our 23rd Annual High Holiday Food Drive**

"Is such the fast I desire, a day for men to starve their bodies? . . .

No, this is the fast I desire . . .

It is to share your bread with the hungry." (Isaiah 59)

Please bring a bag with nonperishable\* groceries to RSNS. We will collect food from Yom Kippur through Sukkot. \*canned and boxed food (no glass) that does not need refrigeration: vegetables, tuna fish, beans, baby formula, soup, rice, pasta, cereal, etc.

#### YOUTH PROGRAMS

#### **PJ LIBRARY**

We have 3 opportunities for PJ families this month!

Join us on Rosh HaShana, September 14<sup>th</sup> at 2:00 p.m., AND on Yom Kippur, September 23<sup>rd</sup> at 2:00 p.m. for Apples on the Bima where you can also reconnect with your friends from PJ Library events. Tickets for non-members are available at the RSNS office.

Then, on September  $30^{th}$  join us in the sukkah for song, story, craft and dinner from 5:30-7:00 p.m.

#### **OR HADASH** For grades 4 - 6

Join us for our first Or Hadash program of the year - Saturday Night at the Movies on September 26<sup>th</sup>! Including Sundaes and Havdala. 7:00-9:30 p.m. at RSNS in the Blue Room . . . BYO pillows . . . To sign up for all of the events, please look for the flyer in this issue of the Shaliyah.

PLEASE...let us know if you will be attending. Even if you registered for the year, we need a head count for each event, so we have enough snacks! You can email Sharon (sharonrsns@optonline.net) with your RSVP.

#### **KADIMA** – seventh grade

Kadima 2015 Orientation, September 8<sup>th</sup> from 6:30-8:00 p.m. (parents & students attend), Kadima class (students only) – September 29<sup>th</sup>.

#### ADOPT A SURVIVOR

Post Kadima class 2015 –Adopt a Survivor programmeeting Wednesday, September 16<sup>th</sup>, 6:00–7:00 p.m. - (no dinner).

#### **MADRICHIM** For grades 8-12

What are madrichim? Our madrichim (plural) will be role models; be compensated for their work or can earn community service hours; help teachers get supplies, organize students and lessons, tutor students, help in the office; enhance their experience in Synagogue School through their own continued learning (in training sessions); continue to learn about Judaism, leadership, Jewish education, professional conduct and teaching techniques as part of their training

All madrichim must attend a mandatory orientation on Thursday, September 3<sup>rd</sup>, 7:00-8:00 p.m. You can apply for a madrich/a position in the Synagogue School by contacting Rabbi Jodie.

**TEENS:** grades 8-12

#### KESHER HADASH

Are you an RSNS teen? Then join us online! Follow us on instagram: instagram.com/rsnsteens/
Join our Facebook group:

www.facebok.com/groups/kesherhadash/

All RSNS teens! Join us for our kickoff event - a late night zip and climb at Adventure Park! Saturday, September 12<sup>th</sup>, 6-10pm (pizza dinner included). Watch your mail (and email) for details. YOUR CHECK IS YOUR RESERVATION. If you get it in by Friday, September 4<sup>th</sup>, it's only \$10 (thanks to a generous contribution by the Shain family). If you miss the 9/4 early bird deadline, the cost is \$36, so get your check in today!

Don't forget, our **Annual Sukkathon** sleepover under the stars is Saturday night, October 3<sup>rd</sup>. Watch your email for details!

#### Boy's Group - Bros' Hodesh

We'll begin another great year of fun and bonding starting in October (look for the details in our next issue of the Shaliyah). If you're a boy in grades 8-12, please RSVP to Cantor Eric, or join our Facebook group!

http://www.facebook.com/groups/187609124592536/

**Girl's Rosh Hodesh** – draws on the tradition of Rosh Hodesh celebrations to build self-esteem, leadership skills, and satisfying Jewish identities for adolescent girls. We intend the program to demonstrate to teenage girls Judaism's commitment to their growth and well-being. 8th-10th grade girls may join this special "girls only" group. Our first meeting will be on October 13th from 6:30 – 8:00 p.m.

#### SYNAGOGUE SCHOOL NEWS

#### SYNAGOGUE SCHOOL OPEN HOUSE

Open to ALL congregants! Non-members are welcome! SUNDAY, SEPTEMBER 27 - 4:00 - 6:00 p.m.

Dinner at 6:00 p.m.

Participate in a Jewish Educational experience.

Meet our faculty, clergy, board members and families.

Learn what it means to be part of RSNS.

#### The 2015-2016 School Calendar is posted on the RSNS website.

First day of Synagogue School for ALL students in grades bet thru kadima is Tuesday, September 8<sup>th</sup>. Kindergarten and alef begin on Thursday, September 17<sup>th</sup>.

#### SPECIAL DATES - ALL STUDENTS ATTEND WITH PARENTS

October 4 Simhat Torah Celebration – 7:30 p.m.

November 15 Mitzvah Day 9:00 a.m.

December 11 Hanukah Family Service 7:30 p.m. January 24, 2016 Tu B'Shevat Seder 5:00 – 7:00 p.m.

March 6 Heritage Trip

March 23 Purim Megillah reading, 6:00 p.m. – Play 6:30 p.m.

#### SPECIAL PROGRAMS HELD DURING REGULAR CLASS TIME - ALL DATES ARE TUESDAYS

September 29 Sukkot Day April 19 Pesah Day
December 8 Hanukah May 3 Yom HaShoah
February 23 Shabbat Day May 17 Zimria & Slide Show

**Shabbat Services:** Family services are held one Friday of each month at 7:30 p.m. There are many different ways for families to participate. We work with each class to enable parents to provide Jewish role models for their children as well as expand their knowledge of Jewish liturgy and texts. You may sign up to help with a Family Service oneg. The *B'Yahad* Saturday morning family service and education program act as reinforcement for our *tefilla* program.

#### FRIDAY EVENING FAMILY SERVICE STUDENT PARTICIPATION

All families are encouraged to join us at all family services regardless of your student's grade.

September 18 Shabbat School

October 2 Bet consecration and welcoming new members

November 6 Vav

December 11 Shabbat School (Hanukah)

January 8, 2016 Hay February 26 Daled March 11 Gimmel

April 11 Kindergarten/Alef May 6 Shabbat School

**ASHOKAN TRIP** Friday thru Sunday, February 5 – 7, for students in grades 3 thru 6.



#### Welcome back!

Our summer program enjoyed wonderful weather this year. The children had a terrific time enjoying the outdoor classroom, our playgrounds, the sprinkler and the water slide. They participated in a variety of summer activities. Our Summer Toddler Class helped our newest students acclimate to the fun of being in nursery school.

**Parent Orientation** will take place on **Tuesday, September 1**<sup>st</sup> at 8:00 p.m. and classes will begin on September 8<sup>th</sup>. Our teachers have enjoyed the summer and they are looking forward to greeting students and their families.

The children will be making new friends and begin to feel comfortable in their classrooms and playgrounds. Each day the classes will be using playdough and small manipulatives, as well as working in the block area, the family center, and enjoying an art activity and story time. Each week we will celebrate Shabbat with candles, kiddush and challah. We are looking forward to many new activities as we celebrate Rosh Hashana and Yom Kippur together.

**Super Soccer Stars** will continue to offer soccer for children 2-3 years old and their Kick and Play class for children 1-2 years old on Thursday morning beginning on **October 1**<sup>st</sup>.

Our own Yoga Jen will offer a Waddler Yoga and Me Class for children 1-2 years old and grownup, beginning Tuesday October 6<sup>th</sup>. Call the nursery school office for more information.

Join us on Rosh HaShana, September 14<sup>th</sup> at 2:00 p.m. for Apples on the Bima and our first PJ Library event.

Registration continues for our fall classes for 2's, 3's and 4's.

Don't delay - call the nursery school at 627-0257 to register your child.

The nursery school staff joins me in wishing all a Shana Tova

Laura

#### ADULT STUDIES AND SEMINARS

#### EAT, READ, TALK

Rabbi Lee will resume his Thursday afternoon programs in this series at 12:30 p.m. on Thursday, October 15<sup>th</sup>. He will again, present an article "ripped from the headlines" of Jewish relevance. Feel free to bring a dairy lunch and we'll supply the hot drinks and the article to be discussed.

Rabbi Jodie Siff will resume her Thursday afternoon programs on Thursday, October 22<sup>nd</sup> at 12:30 p.m. The focus will be the study of Mishnah, the next sacred text written after the Hebrew Bible. You need no previous knowledge to attend her "lunch and learn." Feel free to bring a dairy lunch and we'll supply the hot drinks and the article to be discussed.

#### **BIBLE STUDY**

This group has been and continues to be committed to reading every word of the Hebrew Bible (in English translation). After more than a decade and a half, the group has reached the last third of the Bible. We will pick up the reading with the Book of Psalms, which will occupy us for most of the year. This seminar meets biweekly on Thursday nights from 8:00 to 9:30 p.m. We will begin again on Thursday, October 8<sup>th</sup>.

#### **SHABBAT SEMINAR**

The History of Israel: A Documentary Approach. We began our examination of Zionism seven years ago through the lens of the writings of Zionist and anti-Zionist ideologues. Last year we arrived at the end of

Zionist ideologues. Last year we arrived at the end of the Six Day War and concluded with the Yom Kippur War. We will continue to critically review the development of the State through original political and sociological documents. This seminar meets biweekly on Shabbat afternoons from noon to 1:30 p.m. We will resume on Saturday, October 10<sup>th</sup>.

#### YIDDISH READING CIRCLE

We meet on average, every other week on a Friday morning at 10:00 a.m. in the RSNS Library. For more information and a schedule contact Jerry Bloom at 516-466-2519.

#### WOMEN'S ROSH HODESH GROUP

Traditional religious ritual was designed, and continues, to meet a variety of needs that relate to life passages: The need for the individual to be acknowledged by community, the need for the community/tribe to read itself into the passages of each member, the need for bonding, which serves both individual and community, the need to (re-)enact dramatically the great stories and messages of the tradition, for the sake of individuals and of the tradition. Through rituals, we create structures that provide an element of predictability and, therefore, safety, around times of insecurity, transition, and/or loss. All women of our congregation are welcome to join us as we continue to study, and learn from each other. We will resume on October 14 at 7:30 p.m.

#### **MENS GROUP**

The Men's Group meets the second Wednesday of each month to discuss topics of interest selected by members. While the discussion starts off with a selected topic the meetings move in many directions and are a wonderful way for members to get to know one another. All men in the congregation are invited to attend. The next meeting is on **Wednesday**, **September 9**<sup>th</sup> at 7:30 p.m. Coffee and some snacks will be available

If you can't get angry at the real cause of your anger, to whom and how do you express it? What do you think women do under the same circumstances?

## **CONGREATION WIDE PROGRAMS**For all ages!! All are welcome.

#### SHABBAT DINNER- FRIDAYS AT 6:30 p.m.

Adults \$10 Children – free

October 16, November 20, January 22, and March 18 Dinner is diary Italian. Gluten-free option only if requested in advance. Please RSVP to <a href="mailto:rsns@optonline.net">rsns@optonline.net</a> or call the office.

#### SANDWICH MAKING - SUNDAYS AT 10 a.m.

Prepare bag lunches for client of the INN (Interfaith Nutrition Network).

October 18, December 6, January 10, February 28, March 13 and April 17

#### **Community Corner**

This new column is an outshoot of the Engaging with Aging meetings Carol Blumenthal has been running for the past year, which itself is an outgrowth of our community's CBCO efforts that Carol, Alice, Harriet and others spearheaded over the past several years. We found that so much valuable information and so many powerful personal stories bubbled up during the meetings that we needed a way to share what we've learned with the larger RSNS community. Over time, we hope that this column will grow into a place for members from every pocket of the RSNS community to share their stories.

#### Profile of Audrey Bernstein by Rachel Mankowitz

We've been lucky to have Audrey, in person, at the Engaging with Aging meetings this past year. She has made these meetings into a place where people feel safe asking questions, sharing stories, and giving each other support. For everyone who has met her, she is no longer a stranger, she's a friend. That's what I hope this profile will do for the rest of the RSNS community.

Up until now, people may have found out about Audrey Bernstein by glancing at the Partners In Caring booklet on the shelf outside of the synagogue office or, more likely, by calling the office or the clergy and being sent to her for help. Audrey comes to us through the UJA Federation's Partners In Caring (PIC) program, which places social workers in Jewish congregations, in order to support what each synagogue is already doing to help their members. Audrey is our liaison social worker. She particularly enjoys working with RSNS where the open and intimate atmosphere of our congregation has brought out the best in her, her warmth and honesty have encouraged more of us to reach out to her.

Audrey is a phone call away if you are facing challenges in your life that need help sorting it through. She can offer resources, support, information and guidance, or just a friendly ear. Sometimes just talking through a problem, and getting your fears out into the open, is enough to put you back on solid ground. Together you can decide on a next step. If Audrey doesn't have the information you need to go forward, she will act as a conduit to someone else who can help, because her goal is to offer support that fits each individual; she won't just give you a booklet and

send you on your way. She likes to give recommendations in clusters (list of potential doctors, therapists or senior living options) because everyone has slightly different needs. What feels right to her may not be right for someone else, so you have choices. She can also provide short term counseling, or help in the process of finding a long term therapist. The benefit of calling Audrey is privacy. The only one who's privy to these conversations, other than the two of you, is her 12 ½ year old Greyhound/Beagle mix, Nash, and he is the soul of discretion.

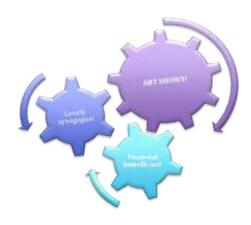
Audrey grew up in Reform Judaism with a strong bent towards volunteerism. As an adult, she joined her local Hadassah chapter for a chance to combine good works and connection with her community. She spent twenty years working in a hospital as a Medical Social Worker. She discovered that she has a talent for networking and being the glue between people, helping them to communicate more clearly and completely. And she loved that white lab jacket!

When Audrey started with PIC, eleven years ago, it was a part time position to accommodate the full time job of raising three boys, caretaking for her grandmother, and then both of her parents, through the final stages of their lives. She knows firsthand the difficulties life can offer, and has a lot of resources, to offer to others going through those same challenges.

Audrey loves to plan parties and make a beautiful tablescape. The food at the party will be delicious, because she is also very talented at ordering in. She has always liked learning new things and challenging herself, with new social work challenges, or Canasta classes depending on the moment.

Though she has an office at the JCC, Audrey will go wherever people need her, at bedside in the hospital, at the synagogue, in your favorite coffee shop, or at your home, wherever you are most comfortable. The best way to reach Audrey is to call her at her JCC office – (516) 484-1545 ext. 211. Her email address is <a href="mailto:abernstein@sijcc.org">abernstein@sijcc.org</a>, but an email will always lead to a conversation, on the phone or in person, so that she can know better what kind of help you need.

If you have a story you would like to share with the RSNS community, contact Rachel Mankowitz at <a href="mailto:rachelmank@earthlink.net">rachelmank@earthlink.net</a>.



#### **ART SHOWS AT RSNS**

So many RSNS members are involved with the arts. It's time to continue our ongoing art shows in the Social Hall. All works are for sale and 25% of the sale is a tax deductible contribution to the synagogue.

We schedule a few months in advance of a show and can accommodate paintings, photographs and another media that can be mounted on walls. Artists can be members, family and friends of members and/or those whose works contain Jewish themes. No nudes as we want all ages to be comfortable.

To chat about a show call or Email Dave Eckert at 516-456-1507 or Email davepage@optonline.net or Emily Klass at 516-484-9154 or Email wepkaplan@gmail.com

#### DONATE OR MAKE A PAYMENT ON OUR WEBSITE

There is an easy and convenient way for you to give a donation to RSNS or to pay your dues. Visit our website at RSNS.org and use the "DONATE/PAYMENTS" link near the top of the right side of the home page. All credit cards are accepted. Both donation and payment amounts will be entered into a box marked "donations."

Complete all information and then click review your donation. On the next page click "Special Instructions to Seller" to indicate the purpose of your donation or payment. Call the office if you have any questions, 516-627-7274.

## USING GOODSEARCH FOR YOUR ONLINE SERCHES HELPS RSNS

Every time an RSNS member uses a GoodSearch service, money is donated to the synagogue. If you haven't yet participated, you can view our dedicated profile below: <a href="http://www.goodsearch.com/nonprofit/rsns-reconstructionist-synagogue-of-the-north-shore.aspx">http://www.goodsearch.com/nonprofit/rsns-reconstructionist-synagogue-of-the-north-shore.aspx</a>

#### GoodSearch Services:

GoodSearch.com - The search engine with a unique social mission. It's powered by Yahoo!, so you get great search results, and each time you search, GoodSearch donates about a penny to your cause!

GoodShop.com- The online marketplace that donates a percentage of each purchase to your organization. You can choose from more than 2,500 popular merchants, find more than 100,000 coupons and deals, and the experience of shopping through GoodShop is exactly the same as going to the retailer's websites directly.

GoodDining.com - The first 365 day a year Dine for Charity program. Dine in or take out at over 10,000 participating restaurants nationwide. Up to 6% of your total check including tax and tip will be donated to RSNS.

We have been advised that it is important to have and use up-to-date anti-virus software before using GoodSearch.

#### Todah ... RSNS' Way of Saying Thanks

In honor of our clergy and synagogue staff Roma Connable

In honor of Robin Sigman's birthday Myrna and Don Sigman

In honor of the baby naming of her great grandson, Zachary Ehlen Harriet Feiner

In memory of her brother, Sydney Waldman In appreciation of members and clergy Paula Silverman

In memory of Sydney Waldman Harriet Feiner

In memory of Paul Jacobson Anita and Jerry Bloom Harriet Feiner

#### **YARTZEIT**

In observance of the yarzeit of Sid Rothberg In observance of the yarzeit of Anne Fisher Rhoda and Neil Rothberg

#### **MAZEL TOV**

Mazel tov to Robyn and Len Fruchter on the marriage of Lynsey Fruchter and Warren Wolfson

Mazel Tov to Dinah and Marc Kramer on the marriage of Morgan Kramer and Chet Huey

Mazel Tov to Rhoda and Neil Rothberg on the marriage of Jesse Rothberg and Lara Hauck

Mazel tov to the Sigman family on the marriage of Mimi Short and Lauren Sigman

#### **CONDOLENCES**

Condolences to Zari Ginsburg on the death of her mother, Irene Kolodny

Consider making a donation in honor or in memory of someone, or to celebrate a simcha!

## Welcome to

## **Or Hadash**

## The junior youth group at RSNS!

Are you going into grades daled through vav (4<sup>th</sup> – 6<sup>th</sup> grade)?

Do you wish you were old enough for Kesher Hadash

(the fantastic RSNS Teen Group)?

Then you need to join **Or Hadash**, the junior youth group at RSNS! **\$100 covers all costs** 

Including the
Trip to the HUC Soup Kitchen – Monday, April 18
and

## **Six Saturday Nights at the Movies**



Including Sundaes and Havdala
Sept 26, Nov 14, Dec 5, Jan 9, March 12, June 4
7:00-9:30 p.m. at RSNS in the Blue Room
BYO pillows

Plus save these Noar Hadash retreat dates at Camp JRF

Oct 9-11 and May 13-15 (additional registration/travel fees apply)
<del>\</del>
To become part of Or Hadash, return this completed form with your check for \$100 To RSNS, 1001Plandome Rd, Plandome NY 11030
YES! Sign me up. I want to be part of Or Hadash. A check for \$100 is enclosed.
PRINT CLEARLY
Students' Name:
Student's e-mail address:
Parent's Name:
Parent's e-mail address



### Sea Cliff Grove:

# From Religious Retreat to Artsy Long Island Hamlet Sunday September 20, 2015 \$20 per person

Walk through historic Sea Cliff with tour guide is Debra Zelcer.

Admire stunning vistas over the Long Island Sound, charming Victorian era buildings, and shady verdant parks.

Enjoy details of village history, including Sea Cliff's role in 19th century resort travel and how the Grove was part of a national pattern of Bible study and religious education which gave America a legacy of picturesque seaside villages.

Discover how Sea Cliff was once home to a national movement that to this day champions the Jewish return to the Holy Land.

## Meet at Sea Cliff Village Hall, 300 Sea Cliff Ave, at 4:00 PM Children and Non-members are welcome!

Join the group for dinner at Cedar Creek American Bar & Grill Located at 75 Cedar Swamp Road, Glen Cove NY 11542 A La Carte - Reservation Required (see form below)

Questions? Please contact
Barbara Schaffer - <a href="mailto:baysmusic51@yahoo.com">baysmusic51@yahoo.com</a> or (516) 375-3559
June Pitkow - <a href="mailto:jpit100@aol.com">jpit100@aol.com</a> or (516) 761-1383

#### Sea Cliff Walking Tour

ood om Handing 100.			
Please return this form with you	ur check to RSNS, 1001 Plandome Rd, F	Plandome, NY 11030	
Name:			
E-mail:	Phone Number:		
Total Number of Participants:	X \$20/person (tour only) = \$	Total	
If ioining us for dinner, number of c	quests for dinner:		







### How can aging be a good thing?

Discover new resources to live your later years with spirit, resilience and wisdom.

Rabbi Rachel Cowan, former executive director of the Institute for Jewish Spirituality, founder and author of "Wise Aging," draws on a variety of sources to help us explore and enhance relationships, forgiveness, gratitude, loss, well-being and legacy.

Following this information session, you will have the opportunity to sign up for a 6-week Wise Aging workshop, led by a trained facilitator through the Institute for Jewish Spirituality. Share experiences and acquire skills for making changes in your life that will lead to a deeper sense of well-being.

Sid Jacobson JCC Wednesday, October 21 7:30pm Fee \$10 in advance / \$12 at the door



For more information contact Rabbi Lina Zerbarini, Director of Jewish Life & Learning 516-484-1545, ext. 166, Izerbarini@sjjcc.org

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