



SHALIYAH

Reconstructionist Synagogue of the North Shore

November 2015

A Community Dedicated to Change and Committed to Tradition

Heshvan/Kislev 5776

SHABBAT B'YAHAD

The B'Yahad program is an ongoing Saturday morning family service and education experience. All members are welcome! Adult Text Study begins at 9:00 a.m. and the community Family Service begins at 10:15 a.m. **Our next session will be Saturday, November 21st.**

CONGREGATION WIDE PROGRAMS

For all ages!! All are welcome.

SHABBAT DINNER PROGRAM

6:30-6:45 p.m. Challah Making

6:45-7:15 p.m. Ice Breaker & Shabbat Rituals

7:15 p.m. Dinner

Adults \$10 Children – free

Fridays November 20, January 22, and March 18

Dinner is diary Italian. Gluten-free option only if requested in advance. Please RSVP to rsns@optonline.net or call the office by the Wednesday just before the program.

SANDWICH MAKING

SUNDAYS at 10:00 a.m.

Prepare bag lunches, peanut butter and jelly sandwiches, for clients of the INN (Interfaith Nutrition Network). December 6, January 10, February 28, March 13, April 17

Mutual Support Workshop

Please join us on Thursday, November 12th at 7:30 p.m. for an exciting workshop called "So Close and Yet So Far: Parents and Their Adult Children" led by Sandra R. Wolkoff, PHD., LCSW-R. Please RSVP to rsns@optonline.net or 516-627-6274



RSNS ANNUAL BLOOD DRIVE

November 19th 3:00 – 9:00 p.m.

Register through our website <http://rsns.org/>

Mitzvah Day:

**Sunday, November 15, 2015 –
Starts at 10:00 a.m.**

Join us for a day of community service projects. Adults are invited to join in all projects. Students will participate according to their grade. Please look for a schedule of events in an upcoming e-mail.



YOGA SHABBAT – NEW MONTHLY PROGRAM

The first session is **November 14, 8:15 - 9:30 a.m.** Experience Shabbat through movement; connecting body, mind and soul. This Shabbat Yoga program is taught by Rabbi Jodie Siff. Good for all levels, adults and post b'nai mitzvah teens, non-members welcome. Bring your own mats and yoga props (we have a few if you forget yours). Wear comfortable work out attire. Meets Saturdays, November 14, December 12, January 9, March 12, April 9, May 7 and June 11, 8:15-9:30 a.m. If you have questions please Email Rabbi Jodie Siff at rabjodie@optonline.net

SHABBAT UNPLUGGED

Join us on Friday night, November 20th from 8:00 – 9:30 p.m. for our monthly musical service: A joyous evening of music and singing with a fantastic Shabbat Band (drums, guitar, strings, sax, etc.) led by our very own Solomon Hoffman!

DECEMBER SHALIYAH

The deadline for the December 2015 issue is November 15th.

To submit content for the DECEMBER Shaliyah, Email your copy as a word document to

rsnsnewsletter@gmail.com



**Parenting ♦ Caregiving ♦ Marital Concerns ♦ Separation/Divorce ♦ Bereavement
Geriatric Care ♦ Cancer Wellness ♦ Career ♦ Legal ♦ Financial**

Career Center

With a scarcity of jobs in today's workforce and many facing the challenge of transitioning to a new profession, many continue to seek expert career guidance. Our Career Center offers a wide array of career services to address your unique needs, regardless of where you may be within your employment journey and regardless of age or stage of life.

The Career Center provides free services and programs, including:

- Job search training workshops
 - Résumé writing
 - Interviewing skills
 - Networking
 - Cover and thank you letter writing
 - Social media job search training
- Individual consultation with a Career Services Specialist
- Special Networking events and programs
- Supportive counseling services and referrals
- Financial consultation, debt counseling and budget assistance
- Legal consultation

To get started, contact:

Heather Rottmund, MHA
Career Services Specialist
516-484-1545, ext. 104
hrottmund@sjjcc.org

For workshops and additional information, please visit: <http://www.sjjcc.org/career-center>

PARTNERS IN CARING STAFF

Randy Hight, LCSW	Margy Ringelheim, LMSW
Audrey J. Bernstein, LMSW	Chana Topek Diamond, LCSW
Michelle Laser, LCSW, Director of Social Services	

Our Warm Line is staffed by your caring, professional social workers.

CALL 516.484.1545, ext. 196

Phone calls are always free and confidential.

RABBI LEE

Dear Friends,

Israel will mark the twentieth anniversary of the assassination of Prime Minister Yitzhak Rabin on November 4th. His assassin was a religious Zionist who represented those who thought the Oslo Accords, which advocated a ‘land for peace’ program, to be a sin against God, and that Rabin was the seditious implementer. The question is, would there now be a two-state solution if Rabin had survived the attack? I think not. Before the ink was dry on the agreement, opposition leader, Benjamin Netanyahu, declared the Accords to be deeply flawed. But it wasn’t the flaws in the agreement, or the assassin’s bullet that prevented a resolution, as much as differences in expectations.

Many years ago, political analyst, Thomas Friedman, observed that the central problem in Palestinian / Israeli negotiations is that though both Israelis and Palestinians think that they are playing the same game on the board composed of red and black squares, they are not. One side is playing chess, and the other side is playing checkers. So it was with Oslo. The handshake on the White House lawn exchanged between the president of the Palestinian Authority and Israel’s prime minister demonstrated to Israel that the PLO *finally* acknowledged the existence of the (Jewish) State. For Israelis, that was enough. But the Palestinians rightly thought that Oslo was not an end, but a beginning, which would conclude with the establishment of a sovereign Palestinian state.

The Palestinians never got their state, and recognition alone proved to be not nearly enough to make Israelis secure. The killings of the past several weeks are still more evidence that the twenty-two year long stalemate since Oslo has failed to maintain any semblance of even a profoundly unequal status quo. Although Jewish Israelis to the left rejoiced in the possibilities that came with the Oslo, and while right of center Israeli Jews condemned the Accords as delaying the coming of the Messiah, all Israeli Jews, all Israeli Arabs, and all Palestinians living in the territories and in East Jerusalem are paying for the failure to implement them. We are left with the bodies of the innocent and of the guilty that defile the holy streets of Jerusalem and the secular suburbs of Tel Aviv. Israelis and Palestinians are in the midst of an unending tragedy that may well rival the Hundred Years War unless their leaders can rouse themselves from the stupefaction of absolute ideologies and conflicting historical narratives and vomit forth the poison of hatred for the sake of their children. May it come soon in our time.

Still with hope,

Lee

YOUTH PROGRAMS

PJ LIBRARY

Save the date for our PJ Library event at the Dolphin Book Shop on **Wednesday, December 9th from 5:45 – 6:30 p.m.** Not a PJ Library member yet? It's never too late for your child to start receiving these free Jewish books each month. Visit www.pjlibrary.org and sign up.

OR HADASH For grades 4 - 6

Join us for our second Or Hadash program of the year - Saturday Night at the Movies on **November 14th**! Including Sundaes and Havdala. 7:00-9:30 p.m. at RSNS in the Blue Room . . . BYO pillows . . . To sign up for all of the events, call the RSNS office or email Sharon at sharonrsns@optonline.net

PLEASE . . . let us know if you will be attending. Even if you registered for the year, we need a head count for each event, so we have enough snacks! You can email Sharon (sharonrsns@optonline.net) with your RSVP.

KADIMA – seventh grade

6:00 – 8:00 p.m.

- Kadima class with parents - November 10th
- Kadima class (students only) – November 17th and 24th

**MITZVAH DAY
TEEN VOLUNTEER OPPORTUNITY
ON SUNDAY NOVEMBER 15th.**

TEENS: grades 8-12

ADOPT A SURVIVOR

Post Kadima class 2015 –Adopt a Survivor program-meeting Wednesdays from 5:30–7:00 p.m.
Nov. 4, Dec. 2, Jan. 13, Feb. 10, March 9

- Wednesday, March 30, 6:00 - 8:00 p.m.
debriefing - no dinner
- Wednesday, April 13, 7:00 - 8:00 p.m.
rehearsal – no dinner
- Tuesday, May 3, 4:30 - 6:15 p.m.
Presentation during Synagogue School and Yom HaShoah school service
- Wednesday, May 4, 7:00 p.m. Presentation during Congregational Yom HaShoah service

KESHER HADASH

Are you an RSNS teen? Then join us online! Follow us on instagram: [instagram.com/rsnteens/](https://www.instagram.com/rsnteens/)
Join our Facebook group:
www.facebook.com/groups/kesherhadash/

Boy's Group – Bros' Hodesh

Next meeting **November 17th 6:30 – 8:00 p.m.**

If you're a boy in grades 8-12, please RSVP to Cantor Eric, or join our Facebook group!
<http://www.facebook.com/groups/187609124592536/>

Girl's Rosh Hodesh – draws on the tradition of Rosh Hodesh celebrations to build self-esteem, leadership skills, and satisfying Jewish identities for adolescent girls. We intend the program to demonstrate to teenage girls Judaism's commitment to their growth and well-being. 8-10th grade girls may join this special "girls only" group. Our next meeting will be on **November 10th from 6:30 – 8:00 p.m.**

MADRICHIM grades 8-12

Our next meeting is Tuesday, **November 24th from 6:30 – 7:30 p.m.**

SYNAGOGUE SCHOOL NEWS

The 2015-2016 [School Calendar](#) is posted on the RSNS website.

NO SYNAGOGUE SCHOOL – TUESDAY, NOVEMBER 3RD
TEACHER PROFESSIONAL DEVELOPMENT 4:00 – 6:30 p.m.

Mitzvah Day: Sunday, November 15, 2015 – Starts at 10:00 a.m.

Join us for a day of community service projects. Adults are invited to join in all projects. Students will participate according to their grade. Please look for a schedule of events in an upcoming e-mail

SPECIAL DATES – ALL STUDENTS ATTEND WITH PARENTS

November 15	Mitzvah Day 10:00 a.m.
December 11	Hanukah Family Service 7:30 p.m.
January 24, 2016	Tu B'Shevat Seder 5:00 – 7:00 p.m.
March 6	Heritage Trip
March 23	Purim Megillah reading, 6:00 p.m. – Play 6:30 p.m.

SPECIAL PROGRAMS HELD DURING REGULAR CLASS TIME – ALL DATES ARE TUESDAYS

December 8	Hanukah	May 3	Yom HaShoah
February 23	Shabbat Day	May 17	Zimria & Slide Show
April 19	Pesah Day		

Shabbat Services: Family services are held one Friday of each month at 7:30 p.m. There are many different ways for families to participate. We work with each class to enable parents to provide Jewish role models for their children as well as expand their knowledge of Jewish liturgy and texts. You may sign up to help with a Family Service oneg. The *B'Yahad* Saturday morning family service and education program act as reinforcement for our *tefilla* program.

FRIDAY EVENING FAMILY SERVICE STUDENT PARTICIPATION

All families are encouraged to join us at all family services regardless of your student's grade.

November 6	Vav
December 11	Shabbat School (Hanukah)
January 8, 2016	Hay
February 26	Daled
March 11	Gimmel
April 11	Kindergarten/Alef
May 6	Shabbat School

ASHOKAN TRIP Friday thru Sunday, February 5 – 7, for students in grades 3 thru 6.



The nursery school classes have been enjoying the fall weather! The children have taken fall walks, created fall trees, made pumpkin collages and tree bark and leaf rubbings, and enjoyed cooking special recipes using apples and pumpkins. The children love using the playgrounds and crunching in the fall leaves. We will continue to explore fall as we get ready to celebrate Thanksgiving.

Thanks to the Plandome Fire Department for providing all our classes with a program on fire safety. We especially liked sitting in the fire engine.

Our **PJ Library** Mitzvot Program was a great hit. This program features stories, songs, craft and food! Not a PJ Library member yet? It's never too late for your child to start receiving these free Jewish books each month. Visit www.pjlibrary.org and sign up.

Join us Monday morning November 2nd at 9:30 a.m. when Margy Ringelheim, L.C.S.W from Partners in Caring (PIC) will present a workshop on ***"How to Juggle Life and Keep Your Sanity"*** at our first **Meet and Mingle Breakfast**.

The fall is the time when we begin to make plans for the next school year. Registration for our **January "Come Play with Me"** and the **2016-17 school year** are already underway. Please call Laura Reich at 516-627-0257 to visit a classroom or obtain an application for the 2016-17 school year.

A HAPPY THANKSGIVING TO ALL!

Laura

ADULT STUDIES AND SEMINARS

EAT, READ, TALK

Rabbi Lee will continue his Thursday afternoon programs in this series at **12:30 p.m. on Thursday, November 12th**. He will again, present an article “ripped from the headlines” of Jewish relevance. Feel free to bring a dairy lunch and we’ll supply the hot drinks and the article to be discussed.

Rabbi Jodie Siff will continue her Thursday afternoon programs on Thursday, **November 19th at 12:30 p.m.** The focus will be the study of Mishnah, the next sacred text written after the Hebrew Bible. You need no previous knowledge to attend her “lunch and learn.” Feel free to bring a dairy lunch and we’ll supply the hot drinks and the article to be discussed.

BIBLE STUDY

This group has been and continues to be committed to reading every word of the Hebrew Bible (in English translation). After more than a decade and a half, the group has reached the last third of the Bible. We will pick up the reading with the Book of Psalms, which will occupy us for most of the year. This seminar meets biweekly on Thursday nights from 8-9:30 p.m. **Our next meetings are Thursday, November 5th and 19th.**

SHABBAT SEMINAR

The History of Israel: A Documentary Approach. We began our examination of Zionism seven years ago through the lens of the writings of Zionist and anti-Zionist ideologues. Last year we arrived at the end of the Six Day War and concluded with the Yom Kippur War. We will continue to critically review the development of the State through original political and sociological documents. This seminar meets biweekly on Shabbat afternoons 12-1:30 p.m. **Our next meetings are November 7th and 21st.**

ENGAGING WITH AGING

Our next meeting this year, facilitated by Audrey Bernstein, is set for **Thursday, November 5th from 11:30 to 1:00 p.m.** We'll meet in the Blue Room, as usual. Note the following meeting dates, all are Thursdays at 11:30 a.m.: Dec. 3, Jan. 7, Feb. 4, March 3, April 14, May 5, and June 2. Please encourage other members who may be interested to join us.

PROGRAM COMMITTEE MEETING

Wednesday, December 2, at 8:00 p.m.

Please join us as we plan for 2016. Upcoming events to plan are our Women's Seder, book club, films & much, much, more. For more info please contact either Barbara at baysmusjc51@yahoo.com or June Pitkow at jpit100@aol.com

WOMEN'S ROSH HODESH GROUP

Traditional religious ritual was designed, and continues, to meet a variety of needs that relate to life passages: The need for the individual to be acknowledged by community, the need for the community/tribe to read itself into the passages of each member, the need for bonding, which serves both individual and community, the need to (re-)enact dramatically the great stories and messages of the tradition, for the sake of individuals and of the tradition. Through rituals, we create structures that provide an element of predictability and, therefore, safety, around times of insecurity, transition, and/or loss. All women of our congregation are welcome to join us as we continue to study, and learn from each other. **Our next meeting is Nov. 4th at 7:30 p.m.**

MENS GROUP

The Men's Group meets the second Wednesday of each month to discuss topics of interest selected by members. While the discussion starts off with a selected topic the meetings move in many directions and are a wonderful way for members to get to know one another. All men in the congregation are invited to attend. The next meeting is on **Wednesday, November 4th at 7:30 p.m.** Coffee and some snacks will be available.

When you were younger did you ever think of relocating? If you were to have done so, what would have been your ideal location? Why?

CANTOR'S DINNER

Friday, November 13th 6:30 – 8:00 p.m.

Join Cantor Eric for a wonderful discussion and dinner as we explore the topic of the year “JEWS ON THE FRINGES - EXPLORE THE UNIQUE SMALLER JEWISH COMMUNITIES IN EXOTIC PLACES AROUND THE WORLD.” \$12 for dairy dinner, or come for FREE just for the discussion at 7:00 p.m. Please RSVP to Cantor Eric (rsnscantor@gmail.com) (whether you're coming to the dinner OR just the discussion!) by **Monday, November 9th**. AND WHY NOT BRING A FRIEND.

Community Corner

This new column is an outshoot of the Engaging with Aging meetings Carol Blumenthal has been running for the past year, which itself is an outgrowth of our community's CBCO efforts that Carol, Alice, Harriet and others spearheaded over the past several years. We found that so much valuable information and so many powerful personal stories bubbled up during the meetings that we needed a way to share what we've learned with the larger RSNS community. Over time, we hope that this column will grow into a place for members from every pocket of the RSNS community to share their stories.

FRIDAY NIGHT SERVICES

by Rachel Mankowitz

Friday night services at RSNS are a safe harbor I look forward to all week. To be fair, it took me a year to build up my Friday night habit. When I came to my first Friday night service at RSNS, I was afraid that the prayers would sound strange, and I would feel out of place, and not dressed right. I had been away from any kind of synagogue for fifteen years by then, and out of the habit of going to services regularly for even longer. But I grew up in a conservative synagogue, going to services regularly, and I missed it.

The first deep breath I took that Friday night came when the congregation started singing. That feeling, of everyone singing together, and singing a tune I knew, was such a relief. In regular life, music tends to be something I listen to, on the radio or as background on a TV show, but music in the synagogue is about everyone coming together and singing in unison (for the most part) and resting in this communal wave for a while.

Cantor Eric led us through the melody and kept us in rhythm, and Rabbi Lee joined in with the harmony, and there was a playful feeling between them that stretched to include all of us. And then Rabbi Lee came down from the podium and began a discussion. All around me people were raising their hands to add in their own opinions on, most likely, the political situation in Israel. My Jewish education had included Bible study, modern and biblical Hebrew, prayers and customs and laws and history, but not much about the history of the state of Israel, and certainly not with such even handed and compassionate treatment of everyone involved, including the Palestinians.

And then there was the poetry: four poems scattered through the service to welcome Shabbat, to celebrate nature, to mourn, or to remember the struggle for freedom. Pablo Neruda, Marge Piercy, Ted Kooser and Wendell Berry have become my regular companions (and if you make sure to avoid eye contact with Rabbi

Lee for the first few minutes, you may not even have to be one of the readers!).

What I felt, after that first Friday night service, was a sense of possibility. A sense that this was a place where inspiration could come from, a place where I could come up with my own idea of what it means to be a Jew.

Every Thursday, except for weeks when there's a family service or a musical Shabbat, a topic is presented in the weekly announcements email, so that you can think about your own take on the issue first, or so that you can decide if you really want to push yourself to go to shul this week to talk about *that*. At first I was worried that if I hadn't read the most current issue of the *New York Times* or the *Forward* or the *New Yorker*, I'd be out of the loop, but I've found that I don't have to study up in order to understand.

Rabbi Lee manages to make everyone feel welcome to join in the discussion, including Bar and Bat mitzvah guests, or kids from the synagogue school (with some very strongly held opinions!), or occasional visitors coming in to see what we're all about. There are always more ideas than we have time to explore before *Aleinu*; that's what the oneg is for.

The oneg is a chance to continue the discussion, and get to know the other congregants, and share in the communal coffee, cake, and candy (sometimes when there's a bar or bat mitzvah the special candy table appears – Hershey's kisses! Gummy fish! Tiny cupcakes!). Going to the oneg was awkward for me at the beginning, when I barely recognized people from week to week, but then people began to come over and introduce themselves to me and week by week I started to feel like I belonged.

I've had so many people tell me that they were tired, or down, or not in the mood to come, but they pushed themselves to get in the car and walk through the doors, and then they remembered why it's always worth the effort. The energy in the room sustains you for the rest of the week, or at least the rest of the weekend.

If you have a story you would like to share with the RSNS community, contact Rachel Mankowitz at rachelmank@earthlink.net.



ART SHOWS AT RSNS

So many RSNS members are involved with the arts. It's time to continue our ongoing art shows in the Social Hall. All works are for sale and 25% of the sale is a tax deductible contribution to the synagogue.

We schedule a few months in advance of a show and can accommodate paintings, photographs and another media that can be mounted on walls. Artists can be members, family and friends of members and/or those whose works contain Jewish themes. No nudes as we want all ages to be comfortable.

For additional information, call Dave Eckert at 516-456-1507 or Email davepage@optonline.net or call Emily Klass at 516-484-9154 or Email wepkaplan@gmail.com

The Herbert Tarr North Shore Institute for Adult Jewish Education

Temple Beth Sholom in Roslyn,
Monday, November 2, 2015.

Meet and Greet 7:00 p.m., Lecture 7:30 p.m.

America's best-loved therapist, Dr. Ruth, will share private stories from her past and present, and her insights into living life to the fullest at any age. Come meet this Jewish woman of spirit and enjoy a most stimulating evening! Please visit the Herbert Tarr Institute website at www.herberttarr.org to view course descriptions and to print out course registration.

Rabbi Jodie Siff of RSNS will be teaching a class on November 9th and 23rd.
Title: Connecting Body, Mind and Soul Through a Jewish Lens

Register for this year's courses in Jewish Studies on Monday nights, November 9, 16 and 23, 2015 by mailing registration form to Herbert Tarr North Shore Institute c/o Temple Beth Sholom 401 Roslyn Road, Roslyn Heights, N Y 11577 with your check for \$36 or in person on November 2.

YIDDISH READING CIRCLE

We meet on average, every other week on a Friday morning at 10:00 a.m. in the RSNS Library. For more information and a schedule contact Jerry Bloom at 516-466-2519.

USING GOODSEARCH FOR YOUR ONLINE SEARCHES HELPS RSNS

Every time an RSNS member uses a GoodSearch service, money is donated to the synagogue. If you haven't yet participated, you can view our dedicated profile below:

<http://www.goodsearch.com/nonprofit/rsns-reconstructionist-synagogue-of-the-north-shore.aspx>

GoodSearch Services:

[GoodSearch.com](http://www.GoodSearch.com) - The search engine with a unique social mission. It's powered by Yahoo!, so you get great search results, and each time you search, GoodSearch donates about a penny to your cause!

[GoodShop.com](http://www.GoodShop.com) - The online marketplace that donates a percentage of each purchase to your organization. You can choose from more than 2,500 popular merchants, find more than 100,000 coupons and deals, and the experience of shopping through GoodShop is exactly the same as going to the retailer's websites directly.

[GoodDining.com](http://www.GoodDining.com) - The first 365 day a year Dine for Charity program. Dine in or take out at over 10,000 participating restaurants nationwide. Up to 6% of your total check including tax and tip will be donated to RSNS.

We have been advised that it is important to have and use up-to-date anti-virus software before using GoodSearch.

DONATE OR MAKE A PAYMENT ON OUR WEBSITE

There is an easy and convenient way for you to give a donation to RSNS or to pay your dues. Visit our website at RSNS.org and use the "DONATE/PAYMENTS" link near the top of the right side of the home page. All credit cards are accepted. Both donation and payment amounts will be entered into a box marked "donations."

Complete all information and then click review your donation. On the next page click "Special Instructions to Seller" to indicate the purpose of your donation or payment. Call the office if you have any questions, 516-627-6274.

Todah . . . RSNS' Way of Saying Thanks

In honor of all the wonderful things our clergy does
Dinah and Marc Kramer

To new empty nesters, Whitmans and Sigmans
Mary and Harvey Felman

To Dinah and Marc Kramer in honor of the marriage
of Morgan and Chet
Mary and Harvey Felman

In honor of all the June 2015 High School graduates
Mary and Harvey Felman

In honor of the engagement of Laurie Kramer
and Seth Starr
Susan and Tom Hicks

In honor of the marriage of Lauren Sigman
and Mimi Short
Susan and Tom Hicks

In honor of the marriage of Morgan Kramer
and Chet Huey
Marcia Levine
Susan and Tom Hicks

In honor of the marriage of Nicole DeLuca
and Philip Weiden
Deborah Factor and Barry Birdoff

In honor of the marriage of Amanda Woo
and Andrew Kovacs
Deborah Factor and Barry Birdoff

In honor of Rabbi Lee and Solomon Hoffman's work on
the Martyrology
Dawn and Dean McKay

In memory of Hedy Astor, wife of Carl Gustafson
Michele and Michael Weiden

In memory of Irene Kolodny, mother of Zari Ginsburg
Susan and Tom Hicks

In memory of Arthur Levine, husband of Judith Levine
Susan and Paul Baumgarten
Myrna and Sol Niego
Eileen and Walter Reed
Anita and Jerry Bloom
Joan Haberman
Naomi Sanderson
Cynthia Witt
Susan and Tom Hicks

Marty and Jack Budow
Susan Copell
Lorraine Zweifler
Judith and John Miodownik
Michele and Michael Weiden
Nathalie Solzberg
Milt and Alice Leist
Arelene Silberzweig
Ilse Sander
Jane Malakoff
Phyllis and Herbert Goodfriend
Israela Tick and Herbert Brunwasser

YARTZEIT

In observance of the yazeitin of her parents, Miriam
and Harold Hershkowitz
Bonnie Rubens

In observance of the yarzeitin of Irving Rahinsky
and Stanley Feldstein
Thelma Rahinsky

In observance of the yarzeitin of George Cohen
and Esther Kotik
Lilly Cohen

In observance of the yarzeit of her father,
Aaron Kornblau
Diane Acker Haber

MAZEL TOV

Mazel Tov to Suzie and Lenny Stein on the birth of
their newest granddaughter, Sloane Harper Stein, born
to Jodi and Justin Stein

Mazel tov to Viviane and Alan Kovacs on the marriage
of their son Andrew and Amanda Woo

CONDOLENCES

Condolences to Ron Cohen on the death of his father,
Boris Cohen

Condolences to the Gustafson family on the death of
Hedy Astor Gustafson

Condolences to Melissa Aigen on the death of her
father, Marvin Fine

Condolences to the Reisman family on the death
of Sylvia Reisman

<p>Consider making a donation in honor or in memory of someone, or to celebrate a simcha!</p>

So Close and Yet So Far: **A Mutual Support Workshop** **Parents, Adult Children and Shifting Relationships**

with Sandy Wolkoff

This workshop is an opportunity for parents with adult children, and for those “children,” whether they are 25, 55, or 75, to explore ways to navigate the tricky waters of their ever changing relationships.

Come talk, share wisdom, find humor, kvetch if you need to, and let's see if we can end up with stronger, healthier relationships with each other.

Sandra R. Wolkoff, PhD., LCSW-R has worked with multiple generations in families in her practice, and has worked not only with parents of young children, but has facilitated groups and workshops with parents of adult children. She also has a couple of adult children herself, so there is very little that can surprise her.

**Thursday,
November 12
at 7:30 p.m.**

Please RSVP to
rsns@optonline.net
or 516-627-6274

Sponsored by



mutual support
We take care of one another



JOIN US FOR 2015 CARE DAY SYMPOSIUM BEYOND BASICS

In partnership with Alzheimer's Association, Long Island Chapter



SUNDAY, NOVEMBER 22, 8:30 AM-2:30 PM

AT SID JACOBSON JCC, 300 FOREST DRIVE, EAST HILLS NY 11548

Join us for an informative event featuring Teepa Snow MS, OTR/ L, FAOTA, Dementia Care Specialist. Ms. Snow will host two discussions: "Dementia 360 – Seeing the condition from everyone's point of view" and "Go with the flow: orientation, redirection, distraction, validation, empathy."

The day will also include a Vendor Resource Fair featuring:

- Eldercare law attorneys
- Home healthcare agencies
- Managed long term care specialists
- Home living options

\$25 for caregivers

\$50 for professionals

\$10 for members of Friendship Circle, GEMS and Let's Do Lunch



Valet parking, breakfast, vendors and a boxed lunch are included in the fee.

Sid Jacobson JCC is pleased to provide information to our community. We do not endorse any individual or business and suggest careful evaluation of any information you receive.

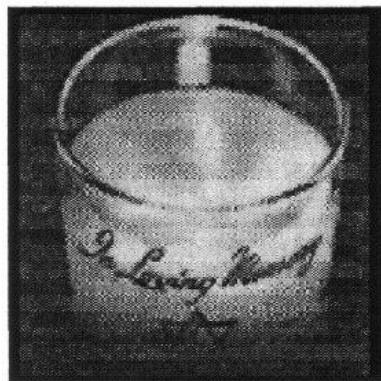
For more information, contact Donna Shulman, Director of Adult and Senior Programs, 516-484-1545, ext. 134, dshulman@sjjcc.org

RIVERSIDE- Nassau North Chapels

55 North Station Plaza
Great Neck, New York 11021
(516) 487-9600

PRE-NEED COUNSELING AVAILABLE

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Owner



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