

Reconstructionist Synagogue of the North Shore

MAY 2016

A Community Dedicated to Change and Committed to Tradition Nisan/Iyar 5776

CROP HUNGER WALK – MAY 1ST

Details on page 5.

SHABBAT B'YAHAD

The B'Yahad program is an ongoing Saturday morning family service and education experience. All members are welcome! Adult Text Study begins at 9:00 a.m. and the community Family Service begins at 10:15 a.m. Last session for this school year will be Saturday, May 14th.

YOGA SHABBAT

Saturday, May 7, 8:15 - 9:30 a.m.

Experience Shabbat through movement; connecting body, mind and soul. This Shabbat Yoga program is taught by Rabbi Jodie Siff. Good for all levels, adults and post b'nai mitzvah teens, nonmembers welcome.

Bring your own mats and yoga props (we have a few if you forget yours). Wear comfortable work out attire. Last meeting this School year is June 11.

If you have questions please Email Rabbi Jodie Siff at rabjodie@optonline.net

SHABBAT UNPLUGGED

Join us on Friday night, **May 13th** from 8:00 – 9:30 p.m. for our monthly musical service: A joyous evening of music and singing with a fantastic Shabbat Band (drums, guitar, strings, sax, etc.) led by our very own Solomon Hoffman!

SHABBAT IN-HOUSE RETREAT MAY 20TH – 21ST

Our synagogue will be home to this year's Shabbat Retreat. We will host two special events: the first in the context of Friday night services, the second, a Shabbat morning study/discussion session. Details of this program are on page 10.

COMMUNITY WIDE MITZVAH DAY SUNDAY MAY 15TH

Details on our website: rsns.org

Join us to Celebrate Shavuot Sunday, June 12

The most vestigial of the three pilgrimage holidays, Shavuot celebrates the most significant event in our People's history — the giving of the Torah. We will celebrate this holiday, which the Kabbalists saw as the marriage of Torah and the Jewish People, with a *huppa* at the Torah and the reading of a medieval *ketuba* at services on **Sunday morning**, **June 12 beginning at 9:45 a.m.** *Yizkor* will be included in the service. Since Torah is called the 'milk of God', we invite people to bring cheesy foods for the *kiddush* following services. Plan to join us for the final festival of the liturgical year.

SAVE THESE DATES:

ANNUAL CONGREGATIONAL MEETING: SUNDAY, MAY 22 – 5:00 p.m.

Go to page 10 for the slate of officers for 2016/2017.

ANNUAL FUNDRAISING EVENT: SATURDAY, JUNE 4, 7:30-11:00 p.m.

In honor of the Children and Families who make RSNS Thrive and Grow.

JUNE SHALIYAH

The deadline for the June 2016 issue is May 15th.

To submit content for the JUNE Shaliyah, Email your copy as a word document to rsnsnewsletter@gmail.com





Parenting • Caregiving • Marital Concerns • Separation/Divorce • Bereavement
Geriatric Care • Cancer Wellness • Career • Legal • Financial

Nancy Marx Strength to Strength Cancer Wellness Program

A cancer diagnosis is a life-changing event that impacts those diagnosed, their family, friends and loved ones. The challenges faced by those who are diagnosed range from the physical to the emotional. We're here to make sure no one goes through this journey alone and unsupported.

Join us for:

- Exercise- full body work out, yoga, aquatics class in our state of the art heated pool
- Discussion groups
- Monthly Cancer Wellness Speaker Series
- Short term counseling- individual, couple, family
- Information & referral
- Join the community to Walk, Run, or Cheer Us On! Stronger than Cancer 5k and Kids Color Fun Run: May 22nd. To register: www.sijcc.org/5k
- Shredding for a Cause- Come by, drop off your bags, and have your personal papers securely shredded while supporting our Cancer Wellness Program at SJJCC, Sunday, June 5th from 10am-12pm, \$6 per bag
- Full day Wellness Retreat at Bernice Jacobson Day School and Camp, October 23rd. from 9:00am-2:00 pm

For more information contact: Randy Hight, LCSW, OSW-C Director of Nancy Marx Strength to Strength Cancer Wellness Program 516-484-1545 x213 or rhight@sjjcc.org

PARTNERS IN CARING STAFF

Randy Hight, LCSW Margy Ringelheim, LMSW
Audrey J. Bernstein, LMSW Chana Topek Diamond, LCSW
Michelle Laser, LCSW, Director of Social Services

Our Warm Line is staffed by your caring, professional social workers. CALL 516.484.1545, ext. 196

Phone calls are always free and confidential.

RABBI LEE

My Friends,

"I feel as though I've suffered a double amputation," I replied to a recent inquiry from a friend regarding my welfare. To be sure, the recent death of my sister followed three weeks later by the death of my mother has left me feeling paralytically bereft. My sweet sister, Fern, was five years my junior. I was there for the entirety of her life, and, given the difference in our ages, I expected her to be there for me for the rest of my life. And so my sadness is exacerbated by my feeling cheated, having anticipated decades of our growing old together. As for my dear mother, Helen, though ninety-three years old and physically frail, she remained mentally sharp and ever my mom. No one knew me better, took more pride in my accomplishments or was more absolute in their support. We know that parents will die first in the natural order of life, but her death has left me orphaned nonetheless.

How does one begin to recover after such a pair of traumas? I know from the aftermath of my father's death more than thirty years ago that grieving is slow and circuitous. I have already experienced better days followed by even darker days. I have found guidance in our tradition - *shiva*, *sh'loshim* (the thirty day period) and the time that will lead into a year.

Yes, I have found *wisdom* in our customs and practices, but I have found *comfort* in each of you. Every greeting, hug, card, conversation and contribution has helped support me in my new life lived in the shadow of death. With your continued acts of kindness I will learn to live with the amputations I have suffered because of the deaths of two great women whose love and care was as boundless as it was unconditional.

Thank you for keeping me in your thoughts and in your hearts. It means more to me than I can express.

Still in sadness, but with a full and grateful heart,

Lee

YOUTH PROGRAMS

PJ LIBRARY

Join us for our next **PJ Library** event will take place on Wednesday **May 11th at 5:30 p.m.** We will be celebrating Israel's Birthday (Yom Ha'Atzmaut). Not a PJ Library member yet? It's never too late for your child to start receiving these free Jewish books each month. Visit www.pjlibrary.org and sign up.

OR HADASH For grades 4 - 6

Join us for our final Or Hadash program of the year. Movie Night – Saturday May 7th from 7:00–9:30 p.m.

PLEASE . . . let us know if you will be attending. Even if you registered for the year, we need a head count for each event!

RSVP to Sharon at sharonrsns@optonline.net .

KADIMA

FINAL Kadima with Parents - Tuesday, May 3rd from 6:00 – 8:00 p.m. Dinner and Judaism in Action presentations.

MADRICHIM

FINAL wrap up meeting May 12th 6:30 -7:30 p.m.

WATCH YOUR MAIL IN MAY FOR SYNAGOGUE SCHOOL and TEEN 2016-2017 REGISTRATION INFORMATION **TEENS:** grades 8-12

ADOPT A SURVIVOR

Post Kadima class 2015 -- meeting Wednesdays from 5:30 -7:00 p.m. Our final preparation for our presentation at the congregational Yom Hashoah service are as follows:

- Tuesday, May 3, 4:30 6:15 p.m.
 Presentation during Synagogue School and Yom HaShoah school service
- Wednesday, May 4, 7:00 p.m.
 Presentation during RSNS Yom HaShoah service

KESHER HADASH

Are you an RSNS teen? Then join us online! Follow us on instagram: instagram.com/rsnsteens/
Join our Facebook group:
www.facebok.com/groups/kesherhadash/

Boy's Group – Bros' Hodesh
Next meeting May 24th 6:30 – 8:00 p.m.
If you're a boy in grades 8-12, please RSVP to Cantor Eric, or join our Facebook group!
http://www.facebook.com/groups/187609124592536/

Girl's Rosh Hodesh – draws on the tradition of Rosh Hodesh celebrations to build self-esteem, leadership skills, and satisfying Jewish identities for adolescent girls. We intend the program to demonstrate to teenage girls Judaism's commitment to their growth and well-being. 8-10th grade girls may join this special "girls only" group. Our next meeting will be on May 10th from 6:30 – 8:00 p.m.

SYNAGOGUE SCHOOL NEWS

The 2015-2016 School Calendar is posted on the RSNS website.

SPECIAL YOM HA'SHOAH PROGRAM INCLUDING SURVIVOR PRESENTATION FROM THE POST BAR/BAT MITZVAH ADOPT A SURVIVOR GROUP – TUESDAY, MAY 3rd

FINAL SPECIAL PROGRAM HELD DURING REGULAR CLASS TIME - May 17th ZIMRIA

Shabbat Services: Family services are held one Friday of each month at 7:30 p.m. There are many different ways for families to participate. We work with each class to enable parents to provide Jewish role models for their children as well as expand their knowledge of Jewish liturgy and texts. You may sign up to help with a Family Service oneg. The *B'Yahad* Saturday morning family service and education program act as reinforcement for our *tefilla* program.

FRIDAY EVENING FAMILY SERVICE STUDENT PARTICIPATION

All families are encouraged to join us at all family services regardless of your student's grade.

May 6 Shabbat School

WATCH YOUR MAIL IN MAY FOR SYNAGOGUE SCHOOL 2016-2017 REGISTRATION INFORMATION

SUNDAY, MAY 1ST – CROP HUNGER WALK at 12:00 noon

Ending Hunger One Step at a Time

RSNS members of all ages are invited to join members of CRC and the Congregational Church for the first ever

Manhasset Interfaith Hunger Walk!

12:00 pm: Registration at Community Reformed Church - 90 Plandome Rd. (park in the larger lot on St. George St.)

12:15 pm: Start Walk! (An easy 2 mile walk with all sidewalks, and drink stations along the way):

Up Plandome to Town Hall/Back down Plandome to Northern Blvd/East on Northern Blvd to Congregational Church

- 1:15 pm: Bake sale, pizza & drinks at Congregational Church! (1845 Northern Blvd., there will be volunteer shuttles to drive you back to CRC!)
- -Walkers do NOT have to pre-register or make teams!
- -All walkers can raise money for hunger relief simply by going to

www.crophungerwalk.org/manhassetny and clicking "Donate!"

- -Share the link, and tell your family & friends you're walking to raise money for Hunger Relief!
- -You can also drop off donation checks made out to RSNS with "CROP WALK" in the memo line

Any questions? You can email Cantor Eric (rsnscantor@gmail.com)



The children and teachers came back to school after Passover and immediately began to make plans for celebrating Israel's birthday! They are making flags, airplanes, and blue and white collages and taking an imaginary trip to Israel. We will celebrate Israel's birthday in school with Israeli foods and blue and white treats.

As the days are getting warmer and spring is in the air, we are observing the changes all around us. The toddlers are learning about trees and flowers and baby ducks and birds. The tadpoles in the four year olds classrooms are rapidly turning into frogs. Our three year olds are waiting patiently for their caterpillars to arrive so they can watch them turn into butterflies. Our teachers also have observed changes in the children in their classes---they seem to have blossomed and grown like the flowers all around us!

Water is back in the water tables in our classrooms and we are enjoying using the bikes, slides and climbers in our playgrounds again now that we can go outside more often. Lots of planting is taking place in the garden in our Outdoor Classroom.

Join us PJ Library as we celebrate Israel's Birthday on Wednesday May 11th at 5:30 PM

Our annual picnic is Sunday May 22nd from 11:00AM – 1:00 PM and features Frozen Ropes.

Save the date: Our 4's Moving Up Ceremony takes place on Friday June 17th at 9:15 AM

Registration continues for the fall and the summer programs! Do not delay - call the nursery school at 516-627-0257 to register your child.

Laura

ADULT STUDIES AND SEMINARS

EAT, READ, TALK

Rabbi Lee continue his Thursday afternoon program at 12:30 p.m. on Thursday, May 12th. He will present an article "ripped from the headlines" of Jewish relevance. Feel free to bring a dairy lunch and we'll supply the hot drinks and the article to be discussed.

BIBLE STUDY

This group has been and continues to be committed to reading every word of the Hebrew Bible (in English translation). After more than a decade and a half, the group has reached the last third of the Bible. We will pick up the reading with the Book of Psalms, which will occupy us for most of the year. This seminar meets biweekly on Thursday nights from 8-9:30 p.m. Our next meetings are Thursday, May 5th and 19th

SHABBAT SEMINAR

The History of Israel: A Documentary Approach. We began our examination of Zionism seven years ago through the lens of the writings of Zionist and anti-Zionist ideologues. Last year we arrived at the end of the Six Day War and concluded with the Yom Kippur War. We will continue to critically review the development of the State through original political and sociological documents. This seminar meets biweekly on Shabbat afternoons 12-1:30 p.m. Our

CANTOR'S DINNER

Friday, May 20th 6:30 - 8:00 p.m.

next meetings are May 14th and 28th.

Join Cantor Eric for a wonderful discussion and dinner as we explore the topic of the year "JEWS ON THE FRINGES - EXPLORE THE UNIQUE SMALLER JEWISH COMMUNITIES IN EXOTIC PLACES AROUND THE WORLD." \$12 for dairy dinner, or come for FREE just for the discussion at 7:00 p.m. Please RSVP to Cantor Eric (rsnscantor@gmail.com) (whether you're coming to the dinner OR just the discussion!) by Monday, May 16th. AND WHY NOT BRING A FRIEND.

DONATE or PAY ON OUR WEBSITE

Go to http://rsns.org/giving and follow the directions. Call the office if you need help (516-627-6274). All credit cards accepted on our website.

ENGAGING WITH AGING

Our next meeting this year, facilitated by Audrey Bernstein, is set for **Thursday**, **May 5th from 11:30 to 1:00 p.m**. We'll meet in the Blue Room, as usual. Note the following final meeting date before the summer, all are Thursdays at 11:30 a.m.: June 2. Please encourage other members who may be interested to join us.

WOMEN'S ROSH HODESH GROUP

Traditional religious ritual was designed, and continues, to meet a variety of needs that relate to life passages: The need for the individual to be acknowledged by community, the need for the community/tribe to read itself into the passages of each member, the need for bonding, which serves both individual and community, the need to (re-)enact dramatically the great stories and messages of the tradition, for the sake of individuals and of the tradition. Through rituals, we create structures that provide an element of predictability and, therefore, safety, around times of insecurity, transition, and/or loss. All women of our congregation are welcome to join us as we continue to study, and learn from each other.

Our next meeting is May 11th from 7:30 – 9:30 p.m.

MENS GROUP

The Men's Group meets the second Wednesday of each month to discuss topics of interest selected by members. While the discussion starts off with a selected topic the meetings move in many directions and are a wonderful way for members to get to know one another. All men in the congregation are invited to attend. The next meeting is on **Wednesday**, **May 11th at 7:30 p.m.** Coffee and some snacks will be available.

More and more older adults are becoming active on social media, but little research has been done on how these individuals use social media. Do you or someone close to you use social media? What do you do and how useful do you find it? If you don't participate, why not?

YIDDISH READING CIRCLE

We meet on average, every other week on a Friday morning at 10:00 a.m. in the RSNS Library. For more information and a schedule contact Jerry Bloom at 516-466-2519.

Community Corner

This column is an outshoot of the Engaging with Aging meetings Carol Blumenthal has been running for the past year, which itself is an outgrowth of our community's CBCO efforts that Carol, Alice, Harriet and others spearheaded over the past several years. We found that so much valuable information and so many powerful personal stories bubbled up during the meetings that we needed a way to share what we've learned with the larger RSNS community. Over time, we hope that this column will grow into a place for members from every pocket of the RSNS community to share their stories.

Patient Advocates

Pearl Weinstein and Florence Martin, two RSNS members, volunteer as part of the Nassau County Long Term Care Ombudservice. I was eager to interview these two women to find out what drew them to this work, but also to find out more about the ombudservice itself.

The program was created in 1972 as a result of widespread abuse of patients in nursing home care. The ombudsmen were placed in nursing facilities in order to make sure that the patients' rights would be lived up to at each institution. Their role is to advocate directly for the patient, so if a staff person or a family member calls her in, the patient is still the focal point. It is their job to encourage the patient to advocate for herself, if she's up to it, and to speak for her, if she's not. Common issues brought to their attention relate to food and diet, misplaced items (such as hearing aids & eyeglasses) and concerns about readiness for discharge.

Every nursing facility has an ombudsman and the main phone number will be posted. They are not allowed to give patients their private phone numbers; patients are given the ombudservice office phone number, and the office calls the ombudsman in

Florence Martin works at Parker Jewish Geriatric at LIJ, ombduservice head, who can come visit the facility if which is a long term care rehabilitation and nursing facility, with about 600 patients. She was a registered nurse and teacher before she retired, but always gravitated towards geriatrics. She heard about the ombudservice from another retired teacher, and has stayed with the program for thirteen years.

Pearl works at the Stern Family Center, associated with North Shore Hospital. Pearl thought that being a patient ombudsman would be something to do during retirement, though she has not yet retired. She works as a psychologist during the week, and every Friday she works as an ombudsman. Many people discover ombudsman service by visiting relatives in a long term care facility. You don't have to have any particular background to volunteer, training is provided, and you will be placed close to where you live.

There are 75 to 80 volunteers in Nassau County, and 62 long term care facilities to be covered. The training requires 36 hours of in-service training, twice a week for three weeks, including lectures, and visits to facilities in small groups. There are in-service updates at least four times a year on all kinds of topics, and experienced ombudsmen come in to speak.

Florence, works on a floor with about 80 people. Most of the patients are there because they can't go home. The facility is their home, so you have to knock on the door, and be respectful of their privacy. It's hard to lose residents every year, but Florence has felt effective in this job, and that's why she stays with it. It is gratifying work.

A woman who lives in Arizona once called Pearl at the Stern Family Center to ask her to keep an eye on her mother-in-law, a rehab patient. The daughter-in-law wanted someone to check that her Mother-in-law was set up with a clear discharge plan, and that everything was in place. It turned out that everything was fine and Pearl called to reassure her, which is allowed as long as the patient gives permission.

Pearl works a lot with the social worker at the facility. She has been invited to meetings between families and the administration, and her presence, because she represents the patients and not the staff, has been enough reassurance to make the meetings go smoothly.

When a patient brings up a problem, the Ombudsman first speaks to the Certified Nurse's Assistant in charge of the patient's care. If the problem is still unresolved, the next step is to talk to the Nurse Manager, then the department head for the issue involved, then the administrator or the social worker. If none of that works, the ombudsman goes to the necessary, and has the authority to contact the department of health. Once a year the Department of Health does an accreditation for each facility, and reports are posted in the lobby on all aspects of care. The ombudsmen are interviewed for these reports and, therefore, the administration listens to what they request, because the facilities really want a good report.

If you would like to volunteer, or seek the services of an ombudsperson, or if you would like feedback on the strengths and weaknesses of a facility you are interested in, you can call Margaret Hromada at the ombudservice program office, (516) 466-9718, or email, ombudservice@familyandchildrens.org.

If you have a story you would like to share with the RSNS community, contact Rachel Mankowitz at rachelmank@earthlink.net.

Todah ... RSNS' Way of Saying Thanks

In honor of the birth of Miles, grandson of Ellen and Monte Sokol Dinah and Marc Kramer

In honor of the birth of Charles Nathan, Grandson of Roslyn and Gil Ross, born to Faith and Morgan Ross

In honor of the engagement of Eric Schaffer and Julia Jankowska
Dinah and Marc Kramer

In memory of Mary Siff Linda and Alan Schwartz

In memory of Fern Aaronson Barbara and Bob Zimmerman Joan Lehn Ed Adler Cheryl Ilowite and Norman Finkelstein Arlene Silberzweig Barry and Barrie Silberzweig Lisa and Joseph Chaiken Marcia Levine Audrey and Andy Feiner Maxine and Joel Siegel Jennifer and David Rimmer Marvin and Barbara Schaffer Jane and Don Buford Bobsey and Fred Colin Lori and Stan Weindorf June and Joe Burden Linda and Alan Schwartz

In memory of Helen Friedlander Lisa Sloan Marcia Levine Barbara and Bob Zimmerman Joan Lehn Lisa and Joseph Chaiken Audrey and Andy Feiner Maxine and Joel Siegel Ed Adler Roma Connable

Arlene Silberzweig Barry and Barrie Silberzweig Ilse Sander Cheryl Ilowite and Norman Finkelstein Dinah and Marc Kramer Jennifer and David Rimmer Joyce Segall and Morgan Lopez Jane and Don Buford Rhoda and Neil Rothberg Pam and David Capps Cindy Schechter and Les Shafranak Bobsey and Fred Colin Ruth Harris Sara Gole Lori and Stan Weindorf June and Joe Burden Linda and Alan Schwartz

YARTZEIT

In observance of the yahrzeiten of Laura Adler Anne Kropf Wolf

In observance of the yahrzeiten of Laura Adler, Leo Adler, Rita Adler, Muriel Schwartz, Sol Schwartz and Sybil Silverman

Ed Adler

In observance of the yahrzeit of Phillip Kolodny Zari and Ira Ginsburg

In observance of the yarzeiten of Selma Rosenberg, Walter Rosenberg, Esther Budow and Morris Budow Marty and Jack Budow

MAZEL TOV

Mazel tov to Ellen and David Einhorn on the birth of Emmy Hudson Kaplan born to Lindsey Einhorn and Mark Kaplan

CONDOLENCES

Condolences to Joe Maissel and family on the death of his father Leon Maissel.

Condolences to Lisa Sloan and family on the death of her father Robert Moskowitz

IN-HOUSE SHABBAT RETREAT / May 20 and 21

Our synagogue will be home to this year's Shabbat Retreat. We will host two special events: the first in the context of Friday night services, the second, a Shabbat morning study/discussion session. Both described below. Registration for these events is not required.

PROJECT UNDERSTANDING with AARON SIFF-SCHERR

In the course of the Friday night service, Aaron will be joined by Will Hill to talk about their trip to Israel this past February under the auspices of Project Understanding. Project Understanding is an interfaith program that fosters dialogue between religiously liberal Jewish high school students and their Catholic counterparts. Aaron and Will will talk about their shared experience visiting Jewish and Christian holy sites, the conversations that the experience precipitated, and reflect on the impact that the trip has had since their return to the States.

GOOD AND EVIL THROUGH A JEWISH LENS

featuring Dr. Yedida Kanfer of the San Francisco Holocaust Center

Our focus Shabbat morning is "Good and Evil in Judaism" through two consecutive workshops and a keynote speaker. You can attend any or all of the following programs:

10:00-10:15 WELCOME

10:15-10:45 CAIN and ABEL RE-EXAMINED

Using the lens of the mid-twentieth century philosopher, Martin Buber, Rabbi Lee will consider how the first murder in human history may not have been as evil as it seems.

10:50-11:20 GOOD AND EVIL IN JEWISH POP CULTURE

From Moses vs. Pharaoh to Superman vs. Lex Luthor to Hank Greenberg vs. Father Coughlin, Cantor Eric will explore the ways in which Jewish culture has approached the battle between forces for good and those for evil.

11:30-12:30 THE HOLOCAUST DIARY OF RYWKA LIPSZYC with Dr. Yedida Kanfer

All the world knows about the Diary of Anne Frank. Dr. Kanfer has helped bring to light the diary of Rywka Lipszyc, a fourteen year old girl, who lived in the darkest days of the Lodz Ghetto. Unlike secular Anne, Rywka was surrounded by a rich traditional religious life of study and belief. After a brief film, Dr. Kanfer will talk about the discovery and the contents of this important diary and will examine the consequences of losing one's "home" and what it means for our times.

Dr. Kanfer is Coordinator of Education Services at the Holocaust Center in San Francisco. A PhD graduate of Yale University in Russian and East European history, and a Fulbright scholar, Dr. Kanfer is also the granddaughter of Naomi Weinberg. A limited number of copies of Rywka Lispszyc's Diary will be for sale during a light bagels lunch following Dr. Kanfer's presentation.

We hope to see you in the course of this special Shabbat 'In-House Retreat' weekend.



The Reconstructionist Synagogue of the North Shore 1001 Plandome Road, Plandome, N. Y. 11030

Phone: (516)627-6274 Fax: (516)627-6349

E-mail: rsns@optonline.net Web Site: RSNS.org

In accordance with the by-laws of the Jewish Reconstructionist Society of the North Shore, following is the slate of officers for 2016-2017, as presented by the nominating committee.

The slate will be voted on at our Annual Congregational Meeting on Sunday, May 22 at 5:00 p.m.

Slate of officers for 2016-2017

President Dan Rabinowitz
Vice President Meryl Kaynard
Vice President Nancy Cohen
Vice President Jane Buford
Vice President Lorri Staal
Treasurer Paul Baumgarten
Recording Secretary Karen Unger-Belfer

Corresponding Secretary Jodi Feld

Trustees

3 year term Lisa Sloan, June Pitkow, Leslie Siegel, Judy Bieber

2 year term Blaine Weisman, Matthew Harris, Terry Wolff, Jolie Pataki 1 year term Jonathan Paisner, Susan Liberstein, Audrey Weil, Susan Hicks

Submitted by: Vivane Kovacs (chair), Marty Adickman, Paul Baumgarten, Joy Benjamin, Harriet Feiner, Meryl Kaynard, Lorri Staal.

ARTICLE IX NOMINATIONS

Section 3. Dissemination of Names of Nominees. The Nominating Committee will file with the Corresponding Secretary, not later than sixty days prior to the Annual Meeting, the names of the nominees. This list will be provided by written notice (which may include mail, e-mail or any other written means) to all congregants within ten days of such filing, together with a copy of this Article of the By-Laws, as well as a statement that additional nominations may be made by filing a list of names with the Corresponding Secretary not later than twenty-five days prior to the Annual Meeting. These additional names must be accompanied by signatures of at least twenty-five members endorsing each candidacy, and must include the written consent of the nominee. In such event, a complete list of all nominees, consisting of those of the nominating committee and any additional names proposed by the Membership, must be provided by written notice (which may include mail, e-mail or any other written means) to all congregants no later than fourteen days prior to the Annual Meeting.

So Close and Yet So Far: ... Continued Parents, Adult Children and Shifting Relationships **A Mutual Support Workshop** with SandyWolkoff

For those of you who came to the first workshop, and for those who missed it, this workshop provides a continuing opportunity for parents of adult children, and for those "children," whether they are 25, 55, or 75, to explore ways to navigate the tricky waters of their ever changing relationships.

Come talk, share wisdom, find humor, kvetch if you need to, and let's see if we can end up with stronger, healthier relationships with each other.

Sandra R. Wolkoff, PhD., LCSW-R. has worked with multiple generations in families in her practice, and has worked not only with parents of young children, but has facilitated groups and workshops with parents of adult children. She also has a couple of adult children herself, so there is very little that can surprise her.

Wednesday, **May 25** at 7:30 p.m.

Please RSVP to rsns@optonline.net or 516-627-6274

Sponsored by

We take care of one another

Reconstructionist Synagogue of the North Shore

Join us for our annual fundraising gala as we celebrate and honor the founders, teachers, graduates and families of Gan Shalom

Saturday,



June 4, 2016 7:30pm to 11:00 pm



@ RSNS

Cocktails, Light Dining, Dessert Music, Havdalah - and more

\$72 per person
(21 and over only)

RSVP requested by Friday, May 20th



Name(s)	
Yes, we/I will attend tickets x \$72 per person =	\$
DONATION OPPORTUNITIES Please help - and sponsor the growth of our children and our c	congregation!
Aleph*	\$540
Bet* \$1,800 Hay	
Gimmel* \$1,000 Vav	
*Donations of \$1,000 (or more) include two tickets to the event	\$
Sorry, we/I cannot attend but have enclosed a contribution of	\$
Additional contribution (Round up your total!)	\$
To	tal \$
RSVP requested by Friday, May 20th Make checks p	ayable to RSNS
Call RSNS for info on credit card payment	,



2016 Annual Fundraiser Project*

...is a PUZZLE!



To commemorate our Gala Event, we're making a **joint jigsaw** - where each of us can purchase a piece.

Join with family & friends (or go it alone)
and buy a blank (4" x 4" cardboard) puzzle piece
that combined will create a lasting memory
...which will support RSNS & Gan Shalom!

The puzzle pieces can be designed, personalized and crafted by you. Then they'll be assembled – and put on display in the Nursery School wing of the synagogue.

Cost per puzzle piece: \$100

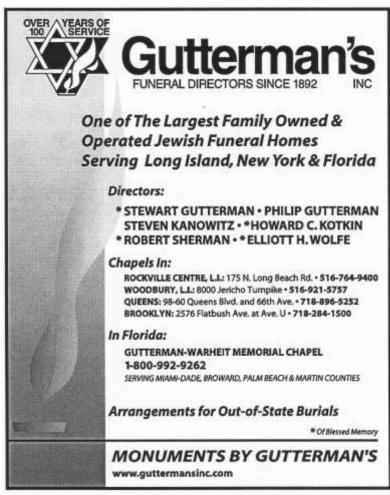
Puzzle pieces can be purchased @ the RSNS Office, during regular business hours

Questions? Call the Office @ 627-6274



*This is in lieu of a paper journal or memory book, so please participate...and be generous!





RIVERSIDE-Nassau North Chapels

55 North Station Plaza Great Neck, New York 11021 (516) 487-9600

PRE-NEED COUNSELING AVAILABLE

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