

Reconstructionist Synagogue of the North Shore

A Community Dedicated to Change and Committed to Tradition

Adar II 5774

March 2014

Killing You Sweetly: How Sugar is Undermining Your Health



Presented by Cheryl Chester Certified Health Coach, AADP

Wednesday, March 12 7:30 p.m. at RSNS

This Sugar Craving workshop explores the effect of sugar on your body and how you can successfully overcome it. Participants will gain a greater understanding of why we crave sweets, how sugar decreases our energy, and the cycle of sugar addiction. They will learn how to identify the hidden refined sugar in common foods and explore tasty alternatives to stay sugar-free for life.

Join us for some fun while we learn. Healthy snacks (and recipes) will be shared.

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11-14	Events of interest to all

Purim University Sunday, March 9 10:00 a.m. – 12 noon

followed by buffet bagel lunch

Participants will rotate between three sessions:

- Rabbi Jodie: Stereotypes of Beauty
 Vashti vs Esther
- Rabbi Lee: The Scroll of Esther
 True or Real
- Cantor Eric: Turning the World Upside-Down – the Power of Subversion

There will be child-friendly projects with Morah Lauren during all workshops.



CELEBRATE PURIM WITH RSNS

SATURDAY, MARCH 15TH
6:00 p.m. MEGILLAH READING
6:30 p.m. PURIM PLAY
(That 70's Shpiel)

PURIM CARNIVAL SUNDAY, MARCH 16TH 11 a.m. – 2 p.m.

MARCH 26TH WOMEN'S SEDER rsvp now - details on page 12

APRIL SHALIYAH ISSUE

The deadline for the April 2014 issue is March 15th. To submit content for the APRIL Shaliyah, email your copy as a word document to rsnsnewsletter@gmail.com





Parenting • Caregiving • Marital Concerns • Separation/Divorce • Bereavement Geriatric Care • Cancer Wellness • Career • Legal • Financial

A caring place to turn to find support and guidance during life changes and challenges.

• **EMPTY CHAIR AT THE SEDER -** Offering guidance and support on how to participate in the Seder and Passover holiday when affected by loss or a significant change in family.

Temple Sinai of Roslyn

Wednesday, April 9, 7:30 – 9:00pm FREE to the community

Advance registration required by Monday, April 7

To register contact Audrey Bernstein, LMSW, PIC Social Worker, at 516-484-1545 ext. 211

NEW SUPPORT GROUPS!

• **Untraveled Roads** A support group for women offering an opportunity to explore your ever changing identity, interests and pursuits. Join us for an engaging conversation.

Start Date: March 3rd, Mondays: 5:30-7PM

For further information and to schedule an Intake contact Audrey Bernstein, LMSW, PIC Social Worker & Support Group Coordinator, 516-484-1545 ext. 211

• **Newly Diagnosed Cancer Support Group** Designed for people who have recently been diagnosed with cancer, or recovering from surgery and those who are actively engaged in treatment for cancer. Group includes gentle exercise and discussion geared to the member's specific concerns.

For further information and to schedule an Intake contact Randy Hight, LCSW, PIC Social Worker & Strength to Strength Coordinator, 516-484-1545 ext. 213

 Cancer Related Lymphedema Management Program A three part program that includes education and specific exercises to help prevent lymphedema and reduce swelling. Group lead by Cancer Exercise Specialist.

For further information and to schedule an Intake contact Randy Hight, LCSW, PIC Social Worker & Strength to Strength Coordinator, 516-484-1545 ext. 213

PARTNERS IN CARING STAFF

Susan Broxmeyer, LCSW, PIC Supervisor Audrey J. Bernstein, LMSW

Randy Hight, LMSW Margy Ringelheim, LMSW

CALL 516.484.1545, ext. 196

Phone calls are always free and confidential.

Rabbi Lee

TO BE OF USE

"The people I love the best jump into work head first without dallying in the shallows and swim off with sure strokes almost out of sight."

So begins Marge Piercy's poetic panegyric on work entitled, "To Be of Use."

Dear Friends,

Several years ago, the keynote speaker at a conference for educators introduced me to the concept of "the encore years." Living longer and more vigorously than previous generations, many baby boomers are delaying retirement. Others, however, who retire in their sixties, can look forward to two or more decades of full strength. The speaker urged us to think of these years in terms of our life's encore. It might be an opportunity to use wellhoned professional skills in new ways or to develop new skills, he suggested; and it might be an opportunity for meaningful volunteer work.

UJA Federation of New York has established *Engage: Jewish Service Corp* to this end, specifically, to provide boomers with opportunities to be of use. Fortunately, the North Shore hub for *Engage* is located at the Sid Jacobson JCC in Roslyn. At the invitation of our Partners in Care social workers, I met

with Susan Berman who is the community organizer for the program. Susan is as enthusiastic and well-organized as she is personable. She spoke to me about the many issues that *Engage* addresses – education, poverty, hunger, joblessness, the isolated elderly and children with special needs - and about the agencies (both Jewish and non-Jewish) with which *Engage* partners. Some volunteer opportunities are episodic, and others are scheduled weekly or bi-weekly. Some are performed one-to-one (e.g., a home visit to a senior), and others are part of a collective effort. Susan also spoke about the opportunities for volunteers to meet together for special programs held at the JCC.

It is both a privilege and a responsibility to belong to a generation that has the opportunity to continue to contribute to the community's good by building social capital retirement. How fortunate that the address for such significant volunteerism is in our backyard. For more information, call Jodie or me at the synagogue office (627-6274), or contact Susan Berman directly at the JCC (484-1545, extension 202).

"The pitcher cries for water to carry / and a person for work that is real," Piercy concludes. Consider *Engage* if this sentiment speaks to you.

Warmly, *Lee*

RECONSTRUCTIONIST RABBINICAL COLLEGE NEWS

Just Say *Nyet!* Rabbi Sharon Kleinbaum, '90, and co-author Yelena Goltsman urge readers of the *Forward* to oppose Russia's new anti-LGBT law. They encourage the Jewish community to respond to Russia's new ban on gay "propaganda" with a familiar statement of determination: never again. Read more at http://www.rrc.edu/news-media/news/just-say-nyet.

A New Sky View for Oseh Shalom

When it came time to replace the translucent dome that makes its sanctuary what it is, the Reconstructionist congregation of Laurel, MD, chose the architect who asked, "How do you want it to feel?" So says its past President Val Kaplan in this *Baltimore Sun* feature, which includes a timelapse video that is visually stunning—and full of feeling. Watch it and read more:

http://www.baltimoresun.com/news/maryland/howard/laurel/ph-ll-oseh-shalom-replaces-iconicdome-20131217,0,919251.story.

Turn to *Constructive* Conflict on 9 Adar

The Reconstructionist Rabbinical College has partnered with the Pardes Institute of Jewish Studies in Israel on its 9 Adar Project. Traditionally this date was a fast day on the Jewish calendar, which commemorated a tragic and violent conflict in our history. The 9 Adar project wants to transform the ninth of Adar, filling it with worldwide action for *constructive* conflict, peace and understanding. There are 18 different ways congregations can participate. The website is packed with ideas, ranging from divrei Torah to instructions for serving as a rodef shalom (peace maker) for a day. You'll find options for individuals, youth or adult classes, havurot—any age group or configuration you want. Find out more and get involved: http://9adar.org/

Registration Is Now Open Summer 2014 at Camp JRF! Recognized as one of the "Top 10 Jewish Camps," Camp JRF provides innovative, creative and engaging programs for youth entering second through 12th grades. As an inclusive community, we welcome children from a wide variety of family structures. religious practices, and socio-economic backgrounds. center ofAt the our philosophy Reconstructionist is a deep commitment to building a community in which all are welcome to grow and thrive. And it wouldn't be camp without all the fun of summer swimming, sports, arts, music, friends, and so much more! One, two, three, and four week sessions, plus a five-day Family Camp program, all in the beautiful Pocono Mountains! For more information and to register, call 877.226.7573 or visit www.campjrf.org.



Israel Is Calling You! Join us for the first Reconstructionist movement trip to Israel, May 14–21, 2014. Deepen your connection to Judaism as you experience life in Israel today. Learn from leading academics, Israeli thinkers, and political activists in a unique series of stimulating and provocative programs. Take your part in a progressive Jewish conversation—an intellectual, spiritual and political dialogue that will build your knowledge, challenge your perspectives, and broaden your understanding of Israel. Learn more at http://www.rrc.edu/Israeltrip.

YOUTH PROGRAMS

PJ LIBRARY

Please save the date for the RSNS PURIM CARNIVAL - March 16th from 11:00 a.m. – 2:00 p.m. To learn more about the PJ Library go to the following link www.pilibrary.org

Or Hadash - For Grades 4 - 6

MARCH 1ST 7:00 – 9:30 p.m.

Havdalah, dessert and a movie at Rabbi Jodie's. Make sure you signed up. If you did not get the information via e-mail, please contact the RSNS office.

KADIMA

Kadima class with parents: March 4th, 6:00-8:00 p.m.

Kadima class with students only: March 18th and 25th, 6:00-8:00 p.m.

ADOPT A SURVIVOR

Post kadima class 2013 Adopt a Survivor program. Meeting Wednesday, March 5th, 5:30 - 7:00 p.m. (with dinner) AND March 27th at 7:00 - 8:00 p.m.

TEENS

Boy's Group - Bros Hodesh

Our next meeting will be on Tuesday night, March 25th, from 6:30-8:30 p.m., dinner included. Join our Facebook group! http://www.facebook.com/groups/1876091245925

http://www.facebook.com/groups/187609124592536/

Girl's Rosh Hodesh – We intend the program to demonstrate to teenage girls Judaism's commitment to their growth and well-being. 8th-12th grade girls may join this special "girls only" group. Our next meeting will be on Thursday, March 6th at 6:30 p.m.

KESHER HADASH

ISLAND ROCK (Sunday, March 2nd, 2-4pm)

The teens had a blast at the last event at Bounce, and gave me feedback that they'd like to give Island Rock a try. So, since Kesher Hadash is not meeting this month, I've booked Island Rock for **Sunday, March 2nd from 2-4pm!** It's \$25 per teen, or FREE for Kesher Hadash students! Please RSVP to me ASAP, since they require a firm head count to supply the appropriate number of climbing instructors.

WHERE: Island Rock (60 Skyline Dr, Plainview). Feel free to hit "reply all" to ask fellow members about carpooling!

HOW: You can pay \$25 the day of (send your teen with cash or check made out to RSNS).

WHAT: Two hours of fun at Long Island's premiere rock climbing facility!

LATE NIGHT TEEN PURIM BASH! Saturday night, March 15th - After the megillah, after the shpiel, after the songs and the hamentaschen, the fun is just beginning. All RSNS teens are invited to stick around and celebrate Purim into the night - music, food, games, and more!

JRF NATIONAL TEEN RETREAT IN CHICAGO!!! (Fri-Sun, March 21-23) \$375 per teen, transportation NOT included

The No'ar Hadash North American Teen Kallah brings together 8th – 12th graders for a weekend of hanging out with friends, exploring Chicago, connecting with other Reconstructionist teens, making a difference, and having an unforgettable time. Highlights include taking your picture in the Millennium Park "Bean", eating deep dish pizza and laughing at the famous Second City Improv. For more information and to register, visit www.noarhadash.org/Chicago

MADRICHIM MEETING Thursday, March 13th 6:30 – 7:30 p.m.



SYNAGOGUE SCHOOL NEWS

Go onto our Synagogue School BLOG. Get all the latest news on what the children are learning in Synagogue School AND see pictures of the great things they are doing.

Here is the link to the blog... http://rsnsschool.wordpress.com/.

SYNAGOGUE SCHOOL 2013-2014 - The calendar is posted on the RSNS website.

IN LIEU OF SYNAGOGUE SCHOOL OF MARCH 11TH, WE WILL COME TOGETHER FOR THE PURIM CELEBRATION ON SATURDAY NIGHT, MARCH 15TH (MEGILLAH READING AND PURIM SHPIEL)

Shabbat Services: Family services are held one Friday of each month at 7:30 p.m.

FAMILY SERVICE STUDENT PARTICIPATION

March 7th Gimmel

April 4th Kindergarten/Alef May 2nd Shabbat School

SPECIAL DATES - ALL STUDENTS ATTEND WITH PARENTS

Saturday, March 15th PURIM – Megillah reading 6:00 p.m., Shpiel (Purim Play) 6:30 p.m.

Special Programs held during School on a Tuesday

April 8th Pesah Day April 29th Yom HaShoah

May 20th Zimriah – Last Day of School

B'YAHAD

The B'Yahad program is an ongoing Saturday morning family service and education experience. All families are encouraged to attend every B'yahad session. This will act as a reinforcement of our prayer program. We will meet on March 22nd for our next family Shabbat.



Purim is almost here and the nursery school children are busy getting ready for this holiday by learning about Queen Esther, King Ahauserus, Mordecai and Hamen. We'll be making crowns, groggers, puppets, hamentashen and costumes. Our culminating activity will be a PURIM PARADE AND PARTY on March 15th.

School photos will take place on March 12th. This is a fundraiser for our school but as always there is no obligation to purchase anything at all.

SAVE THE DATE – Wednesday March 12th 7:30 p.m. when Cheryl Chester, Certified Health Coach, AADP presents a workshop on "Killing You Sweetly" How Sugar is Undermining Your Health. Details on page 1.

Sunday March 30th is our annual **Daddies Day** at Gan Shalom! Our classrooms will be filled with dads and children working, playing and sharing snack with each other.

Thanks to the Brett Chin Family for their donations of toys and equipment to the nursery school.

Parent-Teacher conferences for our three and four year olds will take place on Wednesday March 19th.

SAVE THE DATE— We are looking forward to our annual Parent's Night Out on Saturday April 5th at Louie's in Port Washington. We look forward to our annual auction, and good company that's sure to be lots of fun!

Registration continues for the FALL and our fun filled seven week summer program. Call the nursery school at 627-0257 to register your child.

For 7 weeks this summer, your child can have a wonderful experience at Gan Shalom. Our summer program begins June 30th and ends August 15th.

This summer we will offer a four day or 5 day a week program. The three year olds will meet from 9:30 to 12:30 and the four year olds will meet from 9:30 to 1:30. The fours will bring a dairy lunch from home daily.

A daily ½ hour lunch extension is available for 3 year olds. Children will have the opportunity to play indoors in an air-conditioned classroom, and outdoors where **sprinklers** and a **water slide** will be available.

Special activities are planned for each week of the program. Stop by the nursery school office for an application.

Summer fees are as follows:

Three year old program:

4 days a weekSynagogue Members: \$1450Non-Members: \$15505 days a weekSynagogue Members: \$1800Non-Members: \$1900Lunch extensions:4 days a week - \$2005 days a week - \$250

Four year old program:

4 days a week Synagogue Members: \$1800 Non-Members: \$1950 5 days a week Synagogue Members: \$2250 Non-Members: \$2400

SEE PAGES 13 & 14 FOR DETAILS ON ADDITIONAL PROGRAMS AND OUR SUMMER TODDLER PROGRAM

Laura

ADULT PROGRAMS and EDUCATION

ADULT STUDIES AND SEMINARS

Our congregation began its history with a seminar on Reconstructionism. It was only after a few years of people coming together to study the writings of Mordecai Kaplan that they decided to hold Shabbat and holiday services. By our engaging in these seminars, we keep alive the intention of our founders, that our spiritual experiences be tied to a self-conscious approach to Judaism grounded in an understanding of the Jewish People's history. To that end, Rabbi Lee will offer the following biweekly seminars.

Previous attendance at either of these seminars is not required, nor is regular attendance necessary. Call Lee at the office (627-6274) or at home (621-2067) with questions.

Biblical Texts: This group has been and continues to be committed to reading every word of the Hebrew Bible (in English translation). After more than a decade and a half, the group has reached the so-called Minor Prophets, minor not in importance, but in the amount of material that has survived of theirs. We will pick up the reading with the Book of Hosea and will move on to some of the more esoteric prophets including Joel and Obadiah. This seminar meets biweekly on Thursday nights from 8:00 to 9:30 p.m. **Dates this month are March 13th and 27th.**

The History of Israel: A Documentary Approach: We began our examination of Zionism five years ago through the lens of the writings of Zionist and anti-Zionist ideologues. Last year we arrived at the founding of the modern State and reached beyond to the Six Day War. We will continue to critically review the development of the State through original source political and sociological documents. This seminar meets biweekly on Shabbat afternoons from noon to 1:30p.m. Dates this month are March 1st and 15th.

CANTOR'S DINNER & STUDY GROUP

Friday, March 21st, 6:30 p.m. Please join Cantor Eric for a wonderful discussion and dinner as we explore the topic – "Sephardic Jews - from Spain to America...and back again?" \$18 for dinner, or come for FREE at 7:00 p.m. for just the discussion.

Please RSVP to Cantor Eric (<u>rsnscantor@gmail.com</u>) (whether you're coming to the dinner OR just the discussion!) by **Monday, March 17th.** AND WHY NOT BRING A FRIEND

MENS GROUP

The Men's group meets the second Wednesday of every month to discuss topics of interest selected by members. While the discussion starts off with a selected topic the meetings move in many directions and are a wonderful way for members to get to know one another. All men in the congregation are invited to attend. The next meeting is **Wednesday**, **March 12**th at 7:30 p.m.

The topic for discussion will be: If you were interviewing someone for a job in your field how would you interview that person and what questions would you ask?

WOMEN'S ROSH HODESH GROUP

Traditional religious ritual was designed, and continues, to meet a variety of needs that relate to life passages: The need for the individual to be acknowledged by community, the need for the community/tribe to read itself into the passages of each member, the need for bonding, which serves both individual and community, the need to (re-)enact dramatically the great stories and messages of the tradition, for the sake of individuals and of the tradition. Through rituals, we create structures that provide an element of predictability and, therefore, safety, around times of insecurity, transition, and/or loss.

All women of our congregation are welcome to join us as we continue to study, and learn from each other. This year we will study the Torah portion of the week through women's commentaries. This month's meeting is on March 5th (Vayikra, Leviticus 1:1- 5:26). Save the date for May 7th (Behar, Leviticus 25:1-26:2) which will be our next meeting.

YIDDISH READING CIRCLE

We meet on average, every other week on a Friday at 10:00 a.m. in the RSNS Library. For more information and a schedule contact Jerry Bloom at 466-2519.

ADULT PROGRAMS and EDUCATION Continued...

ADULT B'NAI MITZVAH GROUP

It is thrilling that 15 adults have chosen to make the commitment to engage in study during their adult years. This B'nay Mitsva experience has many components that will prove to make it an important two years. Especially meaningful is the development of a sense of community. We began the year with forming Hebrew reading groups. Thank you to Naomi Weinberg and Sheri Lindner who have served as peer language mentors. Different segments of the course of studies will be taught by Cantor Eric, Rabbi Lee and Rabbi Jodie. We will journey through historical, liturgical, literary and spiritual studies. Each student will engage in Torah study with a smaller group to deliver a d'var torah (discussion on the Torah portion), as well as participate in the culminating service as a group. We weekly on Tuesdays, 8:00-9:30 through May 27, 2014 this year. Our formal studies will resume in the fall of 2014 and culminate in a joint B'nai Mitzvah service on June 20, 2015. These next two years will be exciting and very busy.

CONGREGATION-WIDE PROGRAMS

All members are welcome to attend!

SANDWICH MAKING Sunday, March 23rd 10:00 -11:30 a.m. and Sunday, April 6th

SHABBAT DINNER Friday, April 25, 6:30 p.m.

There is a fee of \$10/adult for the Shabbat Dinner, children free. Please RSVP for the Shabbat Dinners.

SAVE THE DATE

JUNE 14TH

for our annual Spring Fundraising event.

We're Almost 21! Come Celebrate our Anniversary in Plandome

USING GOODSEARCH FOR YOUR ONLINE SERVICES HELPS RSNS

Every time an RSNS member uses a GoodSearch service, money is donated to the synagogue.

If you haven't yet participated, you can view our dedicated profile below:

http://www.goodsearch.com/nonprofit/rsns-reconstructionist-synagogue-of-the-north-shore.aspx

GoodSearch Services:

<u>GoodSearch.com</u> - The search engine with a unique social mission. It's powered by Yahoo!, so you get great search results, and each time you search, GoodSearch donates about a penny to your cause!

<u>GoodShop.com</u>- The online marketplace that donates a percentage of each purchase to your organization. You can choose from more than 2,500 popular merchants, find more than 100,000 coupons and deals, and the experience of shopping through GoodShop is exactly the same as going to the retailer's websites directly.

<u>GoodDining.com</u> - The first 365 day a year Dine for Charity program. Dine in or take out at over 10,000 participating restaurants nationwide. Up to 6% of your total check including tax and tip will be donated to RSNS.

Todah . . . RSNS' Way of Saying Thanks

Thank you to all the members of our congregation who have so generously contributed in memory of Al and who have been so supportive of me and our family. With many thanks and much love to all the members of our amazing community, Roma

In honor of the the Bat Mitzvah of Ella Siff-Scherr Angela and Philip Edelstein Sharon and Mickey Warshawski H. Richard Roberts Joelle and Geoff Serota, Haylee and Gregg Viviane and Alan Kovacs Karyn Schneider Gantwarg

In appreciation of Carol Blumenthal's I phones for nieces in Israel Harriet Feiner

In honor of Anita and Jerry Bloom's Anniversary Harriet Feiner Judy and Arthur Levine

In honor of Carrie Siff selected by Nassau BOCES as one of the Most Influential People for Public Education in Nassau County Carol Blumenthal

In honor of Debbie Gersh becoming a Bat Mitzva Diane and Norbert Haber

In memory of Allan Walowitz' mother, Esther Walowitz Barbara and Marvin Schaffer Harriet Feiner In memory of Al Connable Harriet Feiner Judy and Arthur Levine Carol Blumenthal Diane and Norbert Haber

In memory of Alvin Pitkow's father Linda Greenbaum

In memory of Harvey Spruch Harriet Feiner

Consider making a donation in honor or in memory of someone, or to celebrate a simcha!

YARZEIT

In observance or the yarzeit of her father, Siegfried Horowitz Karen Starr

In observance of the yarzeitin of Benno Haber and Nathan Haber Diane and Norbert Haber



DONATE OR MAKE A PAYMENT ON OUR WEBSITE

There is an easy and convenient way for you to give a donation to RSNS. Visit our website at **RSNS.org** and use the "DONATE" link on the left side of the home page. All credit cards are accepted. Once your donation is confirmed you will be able to let us know if it is in honor of or in memory of a special person. You can also tell us if your donation is for a specific fundraiser, payment of dues or add any other instructions for us in the message box

Sunday, March 16, 2014 11a.m. - 2p.m.



Giant Inflatable Slide
Fun House Bouncer
Clown - Prizes
Spin Art - Candy Art
Fun Carnival Games For All Ages
All games and amusements professionally run.

One Low Price for Kids \$15

Price does not include food

Parents and Grandparents FREE



Hot Dogs - Soda - Juice
Popcorn - Knishes
Hamentaschen
Cotton Candy
And more!





WOMEN'S SEDER



A warm, dynamic evening filled with music, fabulous food, wine, friends, old and new, thoughtful discussion, and just fun!



Wednesday, March 26 6:00 p.m. – 9:00 p.m.



Cost: \$45 (women)
\$18 (pre-bat mitzva girls, age 8 and above)
Guests Welcome

Women's Seder

Please send this tear-off, with your check made out to RSNS, to the synagogue.

Name(s) _____ women at \$45
____ pre-bat mitzvah girls at \$18

Total amount enclosed \$ _____ Phone: ____ Email: ____ Email:







WINTER SOCCER AT GAN SHALOM MANHASSET AT THE RECONSTRUCTIONIST SYNAGOGUE

1001 Plandome Road



Tuesdays & Wednesdays Starting January 14th

Tuesdays, 1/14 - 3/25 (10 sessions, no class 2/18)

Wednesdays, 1/15 - 3/26 (10 sessions, no class 2/19)

2-3 year olds 10:00 - 10:40am 3 - 5 year olds 2:15 - 3:00pm



\$180 for the whole season!

Enroll anyime for a prorated fee.



To enroll please contact Gan Shalom at 516.627.0257 or ganshalom@optonline.net supersoccerstars.com



THE ROCKIN'EST MUSIC CLASS AROUND IS COMING BACK TO MANHASSET AT GAN SHALOM THIS WINTER!! CLASSES START THURSDAY JANUARY 9TH!!

Music for Aardvarks' classes are a funky good time for kids 4 months to 4 years old. We sing, we dance, and we jam with real musical instruments.

Classes are once a week for 45 minutes with a grown up.

Our winter semester runs from January 9th through March 20th. 10 weeks for \$250. Classes are Thursdays at 9:30 a.m. and 10:30 a.m. Rolling admission . . . please join us.

Contact us for more information and to register for the winter at www.longislandaardvarks.com
And check us out at www.longislandaardvarks.com



SUMMER Toddler Programming

We are delighted to offer two types of programming for our toddlers this summer. Our Summer Program begins on Monday June 30 and ends on Friday August 15, 2014.

Our seven week Come Play With Me is a non-separating class for children who will be two by December 1, 2014 and their parent or caregiver. We will be offering this class on Wednesdays from 9:30 - 11:00AM. Tuition will be \$225 for synagogue members and \$250 for non-members.

Our seven week Summer Twos class is a separating class for children who will be two by December 1, 2014. This class meets on Tuesdays and Thursdays from 9:30-11:30AM. Tuition is \$600 for synagogue members and \$650 for non-members.

Come play, paint, paste, sing and share snack with us this summer!! No bottles or pacifiers for these classes, please. All classes will meet in an air conditioned room and include water play in the playground.

The Shelter Rock Forum and Women's Group of the Unitarian Universalist Congregation at Shelter Rock with the Reconstructionist Synagogue of North Shore invite you to

Reproductive Justice

Thursday, March 20, 2014

7:30 p.m. – 10:00 p.m.

UUCSR Worship Room with a Reception to follow in the Art Gallery 48 Shelter Rock Rd. Manhasset, NY 11030

With JoAnn Smith & Sarah Miller

Planned Parenthood of Nassau County



JoAnn D. Smith has been at the helm of Planned Parenthood of Nassau County (PPNC) as President & CEO since 2005. In this position, she is responsible for fulfilling the agency's mission of providing quality, affordable healthcare and information to the people in her community, as well as the leadership for advocacy efforts to preserve reproductive rights.



Sarah Miller has served as the Vice President of Public Affairs and Education at Planned Parenthood of Nassau County (PPNC) for the past six years. In this capacity, Ms. Miller oversees Planned Parenthood's public policy and advocacy efforts to promote women's health and rights as well as its sexuality education programs.





Childcare available if requested by March 13. Call Sharyn at 516.472.2960 with number and ages of children.

Suggested Donation - \$5.00

48 Shelter Rock Rd. Manhasset, NY 11030 516.627.6560 • www.uucsr.org

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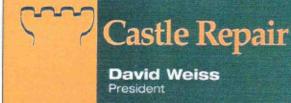
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