

מצוה גוררת מצוה - Mitzvah Goreret Mitzvah
ONE MITZVAH LEADS TO ANOTHER MITZVAH

MITZVAH DAY

COMING TOGETHER AS A COMMUNITY

2016

SUNDAY, MAY 15, 2016

7 Iyar 5776

Join us for our
4th Community-Wide Mitzvah Day
and make a difference

We will come together as a Jewish community to work jointly on numerous mitzvah projects benefitting a wide range of local and worldwide recipients.

Many of this year's projects connect our community to the people of Israel by supporting Israeli communities and institutions.

We will end the day at North Hempstead Beach Park celebrating Israel's independence and culture at Israelfest.

Mitzvah Day brings us all together: a chance to be with family, to meet new friends and to brighten the day of someone in need.

Bring friends and encourage your children to do the same.

Non-affiliated members of our community are warmly welcomed.



Sponsors

Alper's Hardware

Apple & Eve

Bagel Boss Café of Roslyn

Bayles Garden Center
and Nursery

Country Cleaners

Dr. Corey Goldstein

Harman Beads

Arnie Herz

Dr. Doron Keren

The Knitting Place

Masterpiece Printers

Maxons Restorations

Minuteman Press of
Port Washington

North Shore Farms

Ovation in Store

Raindew

Dr. Glen S. Ruben and
Dr. Alec Ganci

SpecialTies

Stop N' Shop

The Training Station

Tindel Windows

Viki's Granola

Co-Chairs

The Community Synagogue

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The Reconstructionist Synagogue of the North Shore

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Suzanne Kolen *suzannekolen@gmail.com*
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Schedule

9:30 - 10:00 am

The Community
Synagogue

MITZVAH DAY KICK-OFF

Enjoy a bagel breakfast with friends from neighboring synagogues. Receive a Mitzvah Day t-shirt and project information.

10:00 - 10:30 am

The Community
Synagogue

OPENING – One Mitzvah Leads to Another Mitzvah

Join Rabbi Irwin Zeplovitz, Rabbi Danny Burkeman, Cantor Claire Franco, Rabbi Michael Mishkin, Cantor Eric Schulmiller, Rabbi Alyssa Mendelson Graf, Rabbi Shalom Paltiel, and representatives of Chevrat Tefillah as they welcome and inspire Mitzvah Day volunteers.

10:30 - 1:00 pm

Various
Locations

MITZVAH PROJECTS

Volunteer! Over 40 mitzvah projects, drives and events to participate in.
All ages welcome.

1:00 pm

Bar Beach,
North Hempstead
Beach Park

ISRAELFEST

Join our entire community to celebrate Yom Ha'atzmaut, Israel's 68th birthday. Enjoy Israeli food, music, games and much more! Look for the Mitzvah Day banner and attend the Closing Ceremony at 1:30 pm.
Admission and parking is free.

Mitzvah Project List

Mahjongg (and Canasta) for Mitzvah Day

Tuesday, April 12—7:30 pm at Chabad of Port Washington

Sponsored by All Synagogues

Join together with congregants from neighboring synagogues for an evening of games and dessert. \$36 minimum donation utilized to fund Mitzvah Day.

Visit www.commsyn.org to sign up.

Get Fit for Mitzvah Day

Monday, May 2 — 7:30 to 8:30 pm at The Training Station, 2 Channel Drive

Sponsored by All Synagogues

Nathan Blake will be leading a Zumba/Cardio class to get us ready for Mitzvah Day!

\$18 minimum donation to fund Mitzvah Day. Visit www.commsyn.org to sign up.

Brown Bag Lunches

The Community Synagogue, Reconstructionist Synagogue

Make sandwiches and assemble healthy lunches for distribution by The Interfaith Nutrition

Network (INN), Port Washington Senior Center and the EOC (Economic Opportunity Council.)

Lasagnas To Go

The Community Synagogue, Temple Beth Israel

Prepare lasagnas to be shared with the less fortunate. Distributed to the local community by

Parent Resource Center, Port Washington Senior Center, EOC, Gural JCC Kosher Food Pantry, a UJA-Federation beneficiary agency.

The Mitzvah of Challah

The Community Synagogue, Chabad

Learn to bake challah to be enjoyed by patients of North Shore-Long Island Jewish Medical Center/Northwell Health and Sands Point Nursing Home.

Plant-A-Row For The Hungry

The Community Synagogue, Port Jewish Center, Temple Beth Israel, Reconstructionist Synagogue

Receive a starter plant to bring home and lessons on how to cultivate your home garden to benefit local soup kitchens and food pantries.

Organic Garden

The Community Synagogue, Chabad

Help plant a garden to cultivate food that will be harvested for those in need and distributed through Plant-A-Row for the Hungry.

Baked Goods Sale

The Community Synagogue, Temple Beth Israel

Proceeds to benefit organizations in Israel that are comparable in mission to the beneficiaries we support locally and nationally.

Survival Bags

The Community Synagogue, Temple Beth Israel, Reconstructionist Synagogue

Assemble necessities and decorate cards for abused children being cared for by the Queens Children's Advocacy Center. Teddy Bears made by TCS Religious School as their mitzvah project will be donated for the Survival Bags. Backpacks & school supplies for children entering Pre-K will be distributed by Parent Resource Center.

Spring Cleaning

The Community Synagogue

Assemble buckets of cleaning supplies to be distributed to impoverished families on Long Island by the Mid Island Y JCC Food Pantry, a UJA Federation of NY beneficiary agency.

Mitzvah Project List

Birthday Celebration Packages

The Community Synagogue, Temple Beth Israel

Assemble and create a 'birthday party in a box' for young victims of violence and abuse supported by The Safe Center Long Island and for the special Adult Day Programs at the Sid Jacobson JCC, a UJA-Federation beneficiary agency.

Shabbat Boxes

The Community Synagogue, Temple Beth Israel, Reconstructionist Synagogue

Donate and package Shabbat essentials along with a decorated card for Jewish American soldiers stationed in the United States and abroad.

Smile Kits

The Community Synagogue, Reconstructionist Synagogue

Assemble dental hygiene packages to be distributed to the needy by the INN, Long Island Coalition for the Homeless and Hebrew Union College Jewish Institute of Religion Soup Kitchen.

Bring N' Bake

The Community Synagogue

Help stock the Ronald McDonald House of Long Island with items from their wish list (toilet paper, tissues, diapers, baby wipes, bath & hand towels (white only), dishwasher liquid and make a card that will be sent to a child staying at the hospital. While you're at the table you can sign up to cook or bake to help families staying close to their ill children.

Playthings for Pets

The Community Synagogue

Create toys out of old shirts for homeless pets cared for by the North Hempstead Animal Shelter.

Project Ezra Senior Luncheon

The Reconstructionist Synagogue of the North Shore

Help prepare food, set up and clean up, serve lunch and talk with our guests, homebound elderly from the Lower East Side.

Teens Help With Technology

The Community Synagogue, Temple Beth Israel, Reconstructionist Synagogue

Bring your technology questions and devices for some friendly, one-on-one assistance from our youth group teens. Get tips on how to manage your devices and navigate the internet. Don't forget to bring your passwords! Donations welcomed to support Israeli beneficiaries.

Blood Drive

10:00 am-2:30 pm

Chabad of Port Washington

The New York Blood Center-Long Island Blood Services will collect greatly needed blood to distribute to hospitals throughout Long Island. (You must be at least 17, weigh over 110 lbs. and be in good health to donate).

Bone Marrow Registry

The Community Synagogue

You can have the power to save a life-join the bone marrow donor registry through The Gift of Life. All that is required is a simple cheek swab. (Ages 18-60).

Nothing But Nets

The Community Synagogue

Bring \$1 and shoot some baskets to help purchase insecticide-treated bed nets that help prevent the spread of malaria to Sudanese refugees. Decorate a greeting card to send to Africa along with a net.

Mitzvah Project List (cont'd)

Clean the Town

The Reconstructionist Synagogue of the North Shore

Help make our community a better place by participating in a much-needed spring-cleaning from the Town Dock all the way past Sunset Park.

Coin Roll

The Community Synagogue, Temple Beth Israel, Chabad of Port Washington

Bring loose change and roll coins to support Israeli beneficiaries.

Alex's Lemonade Stand

The Community Synagogue, Temple Beth Israel

Make a difference for children with cancer, one cup at a time. Proceeds utilized for research of pediatric cancer and travel programs to help support families of children receiving treatment.

Knit Preemie Caps

The Community Synagogue, Temple Beth Israel, Chevrat Tefillah

Start today and continue on Mitzvah Day! Email mlsiskin@optonline.net or nakaplan@usa.net for yarn and knitting instructions. Knit caps will be used by infants in the Neonatal Intensive Care Units of Cohen Children's Medical Center & North Shore Hospital/Northwell Health.

Knit Rectangles for Children's Blankets

The Community Synagogue, Chevrat Tefillah

Start today! Email diane.greenlick@gmail.com for knitting instructions

Knit 7" x 9" rectangles. On Mitzvah Day help sew the rectangles into blankets. To be donated to teens living in residential treatment centers as part of the Sanctuary Stitchers Program of the Jewish Board of Family and Children's Services, a UJA-Federation of New York beneficiary agency.

No-Sew Blankets

The Community Synagogue, Temple Beth Israel

Create easy to make fleece blankets for infants in the Neonatal Intensive Care Units of Cohen Children's Medical Center & North Shore Hospital/Northwell health.

Flower Pot Decorating and Planting

The Community Synagogue

Brighten the day of seniors at the Port Washington Senior Center by planting flowers and decorating flower pots for them.

Chayal el Chayal

Chabad of Port Washington

Help support lone soldiers in the Israel Defense Force. We are providing waterproof backpacks, telephone cases, portable batteries, telephone chargers and multi-use travel tools. Items can be ordered at Chabad every Sunday.

Tefillin Wrapping

The Community Synagogue 11:30 am – 12:15 pm

Chabad of Port Washington 12:30 pm – 1:30 pm

Learn from Rabbi Shalom Paltiel about the spiritual context of wrapping Tefillin.

Mikvah Tour

Chabad of Port Washington Noon- 1:30pm

Learn from Sara Paltiel about an ancient Mitzvah in a spa-like setting.

Drives and Donations

Advanced drop off beginning in April – details distributed by individual synagogues

Non-Perishable Food Drive

The Community Synagogue, Port Jewish Center, Reconstructionist Synagogue
Donate canned and boxed foods. Distributed to those in need by The Interfaith Nutrition Network (The INN), LI Coalition for the Homeless, and Queens Jewish Community Center, a UJA Federation of NY beneficiary agency.

Apples & Oranges Fruit Drive

The Community Synagogue
Collect fresh fruit for the Port Washington Senior Center and the Economic Opportunity Council. Drop off beginning 5/12.

Coat Drive

The Community Synagogue, Temple Beth Israel, Reconstructionist Synagogue, Port Jewish Center
Gently used coats of all sizes. Distributed by Tikkun Alliance of the North Shore to local Port Washington families.

Jeans Drive

The Community Synagogue, Temple Beth Israel, Reconstructionist Synagogue
Gently used jeans of all sizes. Must be washed. Distributed to those in need by the Young Israel of New Hyde Park's clothing pantry and the Metropolitan Council of Jewish Poverty, a UJA Federation of NY beneficiary agency.

B'nai Mitzvah Sweatshirt Drive

The Community Synagogue, Reconstructionist Synagogue, Chabad
Gently used sweatshirts. Distributed to the Martin Luther King Community Center, Shalom Center of Crown Heights, Shelters in Manhattan and the Bronx

Men and Boys Professional Clothing and Formalwear Drive

The Community Synagogue, The Reconstructionist Synagogue of the North Shore
Gently used on hangers: Suits–Sport Jackets–Slacks–Dress Shirts and Ties. Donated to Young Israel of New Hyde Park's clothing pantry.

Women's Dressy Dress, Professional Clothing and Accessories Drive

The Community Synagogue, Temple Beth Israel, Reconstructionist Synagogue, Port Jewish Center, Chabad
Gently used on hangers: Dresses-Blouses-Blazers-Suits-Skirts-Pants-Belts-Costume Jewelry-Wraps. Donated to Young Israel of New Hyde Park's clothing pantry.

Emergency Kit Drive

Temple Beth Israel
Donate easy to use flashlights, radios and batteries. To be distributed to seniors during times of crisis by the Port Washington Crisis Relief Team.

Bicycle and Helmet Drive

Port Jewish Center
11:00 am-2:00 pm on May 15 only
Adult and children's bikes in repairable condition. Provided to local Port Washington families in need.

Travel Size Toiletries Drive

The Community Synagogue, Temple Beth Israel, Port Jewish Center, Reconstructionist Synagogue, Chabad
NEW–Travel Size Shampoo-Conditioner-Soap-Body Wash-Toothbrush-Toothpaste-Moisturizer-Deodorant-Q-Tips-Nail Polish-Perfume. Provided to victims of domestic violence and other recipients. To be distributed by the Queens Children's Advocacy Center and The INN.

Art Supply Drive

The Community Synagogue
NEW–Markers–Colored Pencils–Play Dough–Modelling Clay–Construction Paper–Paint–Watercolors–Scissors–Glue Sticks. Provided to the Henry Kaufmann Campgrounds, Usdan Summer Arts Camp, Samuel Field Y, UJA-Federation of NY beneficiary agencies.

Cleaning Supply Drive

The Community Synagogue
NEW–Kitchen & Bathroom Cleaner–Paper Towels–Laundry Detergent–Cleaning Wipes–Garbage Bags (all items not covered by food stamps). Distributed to families in need by the Mid Island Y JCC Food Pantry, a UJA-Federation of NY beneficiary agency.

Book Drive

The Community Synagogue
Gently used or new books. Young adult and teen chapter books to be distributed to patients at Cohen's Children's Medical Center/Northwell Health. Adult and children's books to be distributed to families supported by The Safe Center Long Island.

iPod Drive

The Community Synagogue
Used or new iPods to be used by the Gurwin Jewish Nursing Rehabilitation Center, a UJA Federation of NY beneficiary agency, in their Music and Memory Program to help residents with behavioral and cognitive impairments.